

# KNOWLEDGE ORGANISER & HOMEWORK YEAR 8 2025/2026

Name

Student Number





# Every day all students at DAA are expected to be the best they can be.

All students are expected to achieve their mission as detailed below and strive for this every day by giving 100% at all times.

## "At DAA, I developed good moral principles and achieved exceptional outcomes that enabled me to have ambitious life choices"

During their time with us they will achieve this through their industry by showing hard work and resilience in all that they do every day.

### Our core values are:

### Happiness

The joy of life and learning. In the context of your emotional state, including positive and pleasant emotions ranging from contentment to intense joy. It is important you to have a grasp on your own happiness and well-being and your capacity to influence other people's happiness and well being

### Industry

(Hard work & resilience) – This is how hard you work and how you overcome the challenges you face in your learning and life; if you can rise to the challenge when it matters you will be successful.

### Responsibility

This is being accountable for the choices that you make and making the right choices to be organised, behave properly and achieve as much as you can. Taking responsibility for your learning will help you to be successful at DAA.

# **Knowledge Contents**

|                        | $\overline{}$ |
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|                        | ,             |



# **Homework Timetable:**

| Week A | Mon     | Tues   | Wed     | Thur           | Fri       |
|--------|---------|--------|---------|----------------|-----------|
|        | English | ICT/PE | Spanish | Reading<br>Log | Spellings |

| Week B | Mon   | Tues    | Wed     | Thur           | Fri       |
|--------|-------|---------|---------|----------------|-----------|
|        | Maths | Culture | Science | Reading<br>Log | Spellings |



# **Homework Contents**

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| Yr 8 English C1 Big Question   | i: 'How can Dysto                      | pian fiction   | Yr 8 English C1 Big Question: 'How can Dystopian fiction help us to better understand the world around us?'   |        |  |  |  |  |  |
|--|--|--|---|--------|--|--|--|--|--|
| 1: Read it What is Dystopia?   | 2. Define I<br>(the first one has been |  | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |        |  |  |  |  |  |
| A dystopia is a fictional or imagined society characterised by extreme suffering, oppression, or <b>injustice</b> , often under the                                    | Injustice                              |  | b. when people are treated unfairly or denied their rights.   |        |  |  |  |  |  |
| guise of being ideal or orderly. Unlike a utopia, which  | 1                                      | ,  | c. She spoke out against the injustice of people being treated unfairly because of their race.  | $\Box$ |  |  |  |  |  |
| represents a perfect world, a dystopia explores the dark consequences of flawed ideologies, authoritarian control,   | Authoritarian                          | ,  | b   |        |  |  |  |  |  |
| environmental collapse, or technological overreach.  Dystopian settings are commonly used in literature, film, and other media to critique real-world issues such as   |  |  | С   |        |  |  |  |  |  |
| otalitarianism, surveillance, loss of individual freedom, and social inequality. These societies often feature a powerful  | Surveillance                           |  | b   |        |  |  |  |  |  |
| government or corporation that exerts strict control over citizens, suppresses dissent, and manipulates truth. Classic   |  |  | С   |        |  |  |  |  |  |
| examples include George Orwell's 1984, where constant surveillance and propaganda dominate, and Aldous   | Exerts                                 |  | b   |        |  |  |  |  |  |
| Huxley's <i>Brave New World</i> , which explores control through pleasure and conditioning.  |  |  | С   |        |  |  |  |  |  |
| Dystopias serve as <b>cautionary</b> tales, warning audiences  | Propaganda                             | !  | b   |        |  |  |  |  |  |
| about the potential dangers of current trends if taken to extremes. They challenge readers and viewers to reflect on orbitical dilumnas, the value of freedom, and the |  | <u> </u>   | С   |        |  |  |  |  |  |
| ethical dilemmas, the value of freedom, and the consequences of complacency. Despite their bleakness, dystopian stories often feature protagonists who resist or       | Cautionary                             |  | b   |        |  |  |  |  |  |
| question the system, offering a glimmer of hope or change.   |  |  | С   |        |  |  |  |  |  |
| 3. Summarise it: What is happening in the text you have just read?   |  | 4.Question it: Write down 3 questions you have about what you have just read |   |        |  |  |  |  |  |
|  |  | 1.   |   | ,      |  |  |  |  |  |
|  |  | 2.   |   | ,      |  |  |  |  |  |

| Year 8 ICT Online Safety C1   | C1 Big C      | Jestion: What can you do to prevent the dangers of cyber bullying, online grooming and social media?  |
|---|---------------|---|
| 1: Read it  | 2. Clarify It | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |
| What can you do to prevent the dangers of cyber bullying, online grooming and social media?   |               | c. Attempt to use the word in a sentence  |
| Preventing the dangers of <b>cyberbullying</b> , <b>online grooming</b> , and <b>social media misuse</b> involves a combination of awareness, education, technology, and responsible behaviour.   |               |   |
| Top Tips for staying safe online:   |               |   |
| Be Kind Online - Treat others the way you want to be treated. Think before you post or comment, words can hurt.  Don't Share Personal Information e.g. your full name, address, school, and phone number private. Only share with people you know and trust in real life.  Use Privacy Settings - Set your social media and game accounts to private. Only accept friend requests from people you know.  Block and Report - If someone is mean or makes you feel uncomfortable, block them. Report the behaviour to the app or website, tell a trusted adult.  Save the Evidence - Take screenshots of mean messages or posts.  Talk to Someone You Trust - If you feel upset or scared, talk to a parent, teacher, or school counsellor.  Don't Reply to Bullies - Responding can make things worse. Stay calm and walk away from the screen if you need to. |               |   |
| 3. Summarise it: What is the main idea in the text you have just read?  | 4. 0          | uestion it: Write down 3 questions you have about the text you have just read  5. Comprehend it   |
| Challenge: Are there any inferences you can make from the information in the text?  |               |   |

| Yr 8 MFL  | C1 Week Home                        | work               | C1 Big Question: '  |
|---|-------------------------------------|--------------------|---|
| 1: Read it  | 2. Translate (the first one has bee |                    | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |
| La familia real española es muy importante en España. El rey se<br>llama Felipe VI y es el jefe del país. Tiene los ojos marrones y el            |                                     |                    | b.  |
| pelo castaño. Es alto y serio, pero también amable.   |                                     |                    | c.  |
| La reina se llama Letizia. Tiene los ojos marrones y el pelo largo y castaño. Es elegante y trabajadora. Antes de ser reina, era                  |                                     |                    | b   |
| periodista.   |                                     |                    | С   |
| Felipe y Letizia tienen dos <b>hijas</b> . La mayor se llama Leonor y es la princesa de Asturias. Tiene los ojos azules y el pelo rubio. Es joven |                                     |                    | b   |
| pero muy responsable porque será reina en el futuro.  |                                     |                    | С   |
| La hermana de Leonor se llama Sofía. Tiene los ojos marrones y el pelo castaño. Es simpática y <b>estudiosa</b> .                                 |                                     |                    | b   |
| La familia real <b>vive</b> en el Palacio de la Zarzuela en Madrid.   |                                     |                    | С   |
| Representan a España en eventos importantes y ayudan a la gente con su trabajo.   |                                     |                    | b   |
|   |                                     |                    | С   |
|   |                                     |                    | b   |
|   |                                     |                    | С   |
| 3. Summarise it: What is happening in the text you have just read?  | -                                   | 4.Question it: Wri | te down 3 questions you have about what you have just read  |
|   |                                     | 1.                 |   |
|   |                                     |                    |   |
|   |                                     | 3                  |   |
|   |                                     |                    |   |

| Yr 8 Maths C1 Homework   |   | C1 Big Que   | estion: 'What is probability and how is it calcula                | ated?'           |
|--|---|--|---|------------------|
| 1: Read it  To calculate the probability of an event, divide the number of   | 2. Define<br>(the first one has bee                               | and the same of th |   |                  |
| favorable <b>outcomes</b> (the outcomes you're interested in) by the total number of possible outcomes. This can be expressed as a fraction, decimal, or percentage. | b. An event is a set of outcomes of a random experiment assigned. |  | o which a probability is  |                  |
| <b>1.Identify the Event:</b> Determine the specific outcome you're trying to find the probability of.  |   |  | c. The sum of the probabilities in any event will never exceed 1. |                  |
| 2.Count Favorable Outcomes: Count how many ways this event can occur.  |   |  | b   |                  |
| <b>3.Count Total Outcomes:</b> Count all possible outcomes of the experiment or situation.   |   |  | С   |                  |
| <b>4.Calculate the Probability:</b> Divide the number of favorable outcomes by the total number of possible outcomes.  Example:                                      |   |  | b   |                  |
| •Event: Rolling a 4 on a fair six-sided die. •Favorable Outcomes: There's only one way to roll a 4 (the number 4   |   |  | С   |                  |
| on the die). •Total Outcomes: There are six possible outcomes (1, 2, 3, 4, 5, and  |   |  | b   |                  |
| Probability: The probability of rolling a 4 is 1/6.  You Points:   |   |  | С   |                  |
| Key Points:  • Probabilities range from 0 to 1, where 0 represents an impossible event and 1 represents a certain event – this is a probability scale.               |   |  | b   |                  |
| <ul> <li>Probabilities can also be expressed as percentages (0% to 100%).</li> <li>The sum of the probabilities of all possible outcomes in an event</li> </ul>      |   |  | С   |                  |
| must equal 1.  • A fair six-sided is equally likely to land on 1, 2, 3, 4, 5 or 6  |   |  | b   |                  |
|  |   |  | С   |                  |
| 3. Summarise it: What is happening in the text you have just read?   |   | 4.Question it: Wri   | te down 3 questions you have about what you have just read        | 5. Comprehend it |
|  |   | 1.   |   |                  |
|  | 2.  |  |   |                  |
|  |   |  |   |                  |
|  |   |  |   |                  |

| 1: Read it   | 2. Define (the first one has been |                        | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |
|--|-----------------------------------|------------------------|---|
| In Japan, the <b>tea ceremony</b> —or <i>chanoyu</i> — is a <b>meticulous</b> ritual that embodies   | а                                 |                        | b.<br>c.  |
| harmony, respect, purity, and tranquility. Rooted in Zen Buddhism, this cultural practice transcends mere beverage   | а                                 |                        | b<br>c  |
| preparation. Every gesture, from the folding of the cloth to the placement of the utensils, is <b>deliberate</b> and <b>symbolic</b> . The host's role is not only to serve tea but to create an atmosphere of <b>serenity</b> and <b>reverence</b> . Guests, in turn, | а                                 |                        | b<br>c  |
|  | а                                 |                        | b<br>c  |
| engage with <b>mindfulness</b> , appreciating the aesthetics of the moment. This centuries-old tradition continues to be a <b>cornerstone</b> of Japanese cultural identity,   | а                                 |                        | b<br>c  |
| offering a quiet resistance to the <b>ephemeral</b> pace of modern life.   | a                                 |                        | b<br>c  |
| 3. Summarise it: What is happening in the text you have just read?   |                                   | 4.Question it: Wri     | te down 3 questions you have about what you have just read  |
|  |                                   | <ol> <li>2.</li> </ol> |   |

| Yr 8 Science C1 Homework C1   | L Big Question: 'W                  | /hy are nutri  | ents important?'  |                  |  |
|---|-------------------------------------|--|---|------------------|--|
| 1: Read it  | 2. Define<br>(the first one has bee |  | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |                  |  |
| The Nutrient Ninjas   | а                                   |  | b.  |                  |  |
| In Bodyville, the <b>Nutrient Ninjas</b> worked together to keep  |                                     |  | c.  |                  |  |
| the body healthy!   |                                     |  | b   |                  |  |
| Captain Carbohydrate gave energy for running and  | a                                   |  | b   |                  |  |
| thinking. •Lieutenant Lipid stored energy and kept the body   |                                     |  | С   |                  |  |
| warm.   |                                     |  |   |                  |  |
| •Private Protein helped with growth and repair.   | а                                   |  | b   |                  |  |
| •Vita and Mini (Vitamins & Minerals) kept bones strong  |                                     |  | С   |                  |  |
| and <b>blood healthy</b> .  |                                     |  |   |                  |  |
| •Watery Wanda helped with all the body's jobs.  |                                     |  |   |                  |  |
| •Fibre Fiona kept tummies happy and food moving.  | а                                   |  | b   |                  |  |
| But when people ate too much junk or not enough food, trouble came — like <b>obesity</b> and <b>deficiency diseases</b> . |                                     |  |   |                  |  |
| So the Nutrient Ninjas reminded everyone:   |                                     |  | С   |                  |  |
| Eat a <b>balanced diet</b>  |                                     |  |   |                  |  |
| Drink water   | a                                   |  | b   |                  |  |
| Remember your <b>age and energy needs</b>   |                                     |  |   |                  |  |
| Soon, Bodyville was healthy again — thanks to the   |                                     |  | C   |                  |  |
| Nutrient Ninjas!  |                                     |  | L   |                  |  |
|   | a                                   |  | b   |                  |  |
|   |                                     |  | С   |                  |  |
|   |                                     |  |   |                  |  |
| 3. Summarise it: What is happening in the text you have just read?  |                                     | 4.Question it: Write down 3 questions you have about what you have just read |   | 5. Comprehend it |  |
|   |                                     | 1.   |   | 回線線線線回           |  |
|   |                                     | 2.   |   |                  |  |
|   |                                     | 3  |   |                  |  |
|   |                                     | 3  |   |                  |  |
|   |                                     |  |   |                  |  |

| New<br>Vocabulary | Definition | Yr 8 Spellings Week 1-2 Cycle 1 |  |  |
|-------------------|------------|---------------------------------|--|--|
| 1.                |            | 6.                              |  |  |
|                   |            | Sentence                        |  |  |
| 2.                |            |                                 |  |  |
|                   |            | Sentence                        |  |  |
| 3.                |            |                                 |  |  |
|                   |            | Sentence                        |  |  |
| 4.                |            | 9.                              |  |  |
| Sentence          |            | Sentence                        |  |  |
| 5.                |            | 10.                             |  |  |
|                   |            |                                 |  |  |

| Yr 8 English C1 Big Question   | help us to better understand the world around us ?'   |  |   |  |
|--|---|--|---|--|
| 1: Read it  Why do we study Dystopian Fiction?   | 2. Define It<br>(the first one has been done for you) |  | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |  |
| We study dystopian fiction to explore the <b>consequences</b> of societal flaws and to better understand the world we live in.   | Consequences  Oppressive                              |  | b. the results or effects of an action or decision.   |  |
| These stories often depict oppressive governments,   |   |  | c. He didn't study for the test, and the consequence was that he failed.  |  |
| environmental disasters, or loss of individual freedoms, serving as cautionary tales about what could happen if current issues—like surveillance, inequality, or climate |   |  | b   |  |
| change—are left unchecked. By imagining extreme versions of our reality, dystopian fiction encourages critical thinking  |   |  | С   |  |
| about politics, ethics, and human behavior.  | Critical  |  | b   |  |
| Dystopian narratives also help us <b>reflect</b> on the value of freedom, justice, and individuality. Characters in these stories  |   |  | С   |  |
| often <b>resist</b> control or fight for change, inspiring readers to consider their own roles in society and the importance of  | Reflect   |  | b   |  |
| standing up for what is right. Additionally, dystopian fiction can be a powerful tool for young people to engage with complex ideas in an accessible and compelling way. |   |  | С   |  |
| Ultimately, studying dystopian fiction sharpens our awareness of real-world problems and empowers us to  |   |  | b   |  |
| envision and work toward a better future. It challenges us not just to ask "what if?" but also "what now?" and "what next?"—   |   |  | С   |  |
| making it a vital part of literature and education.  | Resist  |  | b   |  |
|  |   |  | С   |  |
| 3. Summarise it: What is happening in the text you have just read?   |   | 4.Question it: Write down 3 questions you have about what you have just read |   |  |
|  |   | 1.   |   |  |
|  | 2.  |  |   |  |
|  |   |  |   |  |

Yr 8 PE C1 Big Question: The biology of PE

### 1: Read it

In physical education, cardiovascular endurance is a key component of fitness, essential for activities like running, swimming, and cycling. It refers to the ability of the heart and lungs to supply oxygen to the muscles during sustained physical activity. Regular aerobic exercise strengthens the **heart**, improving its efficiency and reducing the risk of **hypertension**. As the body adapts, mitochondria within muscle cells increase in number, enhancing energy production. This biological response supports better performance and quicker recovery. Understanding these physiological changes helps students appreciate how consistent training benefits both health and athletic ability.

| 2. Define It<br>(the first one has been done for you) | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |
|---|---|
| Consequences  | b. the results or effects of an action or decision.   |
|   | c. He didn't study for the test, and the consequence was that he failed.  |
| Oppressive  | Ь   |
|   | С   |
| Critical  | b   |
|   | С   |
| Ethics  | b   |
|   | С   |
| Reflect   | b   |
|   | С   |
| Resist  | b   |
|   | С   |

| 4.Question it: Write down 3 questions you have about what you have just read |  |
|--|--|
| 1.   |  |
| 2.   |  |
| 3  |  |
|  |  |
| 1  |  |

| Yr 8 MFL   | C1 Week Home                           | work                 | C1 Big Question: '  |                  |
|--|--|----------------------|---|------------------|
| : Read it  | 2. Translat<br>(the first one has been | n done for you)      | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |                  |
| Me llamo Javier y vivo en Cuba. En mi tiempo libre, <mark>juego al</mark>  |  |                      | b.  |                  |
| béisbol con mis amigos en el parque. Me encanta porque es<br>divertido y emocionante. También juego a videojuegos en casa        |  | -                    |   |                  |
| guando hace mucho calor afuera.  |  |                      | С.  |                  |
| nadina nade madio calor anaera.  |  |                      | b   |                  |
| A veces, hago natación en la playa porque el mar es muy bonito<br>y el agua es refrescante. Hago dibujos en mi cuaderno porque   |  |                      | с   |                  |
| ne gusta el arte y quiero ser artista en el futuro.  |  |                      | b   |                  |
| Por la tarde, veo películas con mi familia. Me gustan las  |  |                      |   |                  |
| películas de aventuras porque son interesantes y tienen mucha<br>acción. También veo partidos de béisbol en la televisión porque |  |                      | С   |                  |
| es mi deporte favorito.  |  |                      | b   |                  |
| os fines de semana, voy al mercado con mi madre. Me gusta porque hay muchas frutas tropicales deliciosas. En mi opinión,         |  |                      | С   |                  |
| Cuba es un país increíble porque hay playas preciosas y la gente<br>es muy amable. ¡Me encanta vivir aquí!                       |  |                      | b   |                  |
|  |  |                      | С   |                  |
|  |  |                      | b   |                  |
|  |  |                      | С   |                  |
| 3. Summarise it: What is happening in the text you have just read?   |  | 4.Question it: Write | down 3 questions you have about what you have just read   | 5. Comprehend it |
|  |  | 1.                   |   |                  |
|  |  | 2.                   |   |                  |
|  |  | 3                    |   |                  |
|  |  |                      |   |                  |

|             | Yr 8 M  | aths       | C            | 1 Mond         | ay Wee      | k 2 Homewoi                 | rk C1 E                             | Big Question: '    | ʻWh      | at is a sample space diagram and mutually exclusi  | ve events?'      |
|-------------|---|------------|--------------|----------------|-------------|-----------------------------|-------------------------------------|--------------------|----------|--|------------------|
|             | pace is a   |            |              |                |             | II possible                 | 2. Define<br>(the first one has bee |                    | b.       | Write out the words highlighted in red<br>Write the definition for the words highlighted in red<br>Attempt to use the word in a sentence |                  |
|             |   |            |              |                | rolling a r | normal dice is obtain.      |                                     |                    | b.       |  |                  |
| The samp    |   |            |              |                |             | <b>.</b>                    |                                     |                    | c.       |  |                  |
|             | What if we wanted to know the possible outcomes for flipping a coin <b>and</b> rolling a dice? The sample space for these two <b>combined</b> |            |              |                |             | b                           |                                     |                    |          |  |                  |
| events is   | {H1, H2,  | Н3, Н4, Н  | 15, H6, T1   | , T2, T3, T    | Γ4, T5, T6} | }.                          |                                     |                    |          |  |                  |
| simplify t  | things ma   | thematic   | ians ofter   | use <b>sam</b> | ple space   | o dice, but to<br>diagrams. |                                     |                    | С        |  |                  |
| LOOK at the | Look at this sample space diagram for rolling two dice:  1 2 3 4 5 6  |            |              | 6              |             |                             | b                                   |                    |          |  |                  |
| 1           | <b>1</b> 1,1 2,1 3,1 4,1 5,1 6,1  |            |              |                |             | С                           |                                     |                    |          |  |                  |
| 2           | <b>2</b> 1,2 2,2 3,2 4,2 5,2 6,2  |            |              |                |             |                             |                                     |                    |          |  |                  |
| 3           | 1,3   | 2,3        | 3,3          | 4,3            | 5,3         | 6,3                         |                                     |                    | b        |  |                  |
| 4           | 1,4   | 2,4        | 3,4          | 4,4            | 5,4         | 6,4                         |                                     | -                  | С        |  |                  |
| 6           | 1,5   | 2,5        | 3,5          | 4,5            | 5,5         | 6,5                         |                                     |                    |          |  |                  |
| The prot    |   |            |              |                |             | is because to               |                                     | b                  |          |  |                  |
|             |   |            |              |                |             | the outcome                 |                                     |                    | С        |  |                  |
| Mutually    | , oveluciy  | o ovents   | are event    | that ca        | nnot hoth   | happen at the               |                                     |                    | <u>.</u> |  |                  |
| -           |   |            |              |                |             | r. For example,             |                                     |                    | b        |  |                  |
|             |   |            |              |                |             | lly exclusive               |                                     |                    | С        |  |                  |
| 3. Summari  | se it: Wha  | t is happe | ening in the | e text you     | have just   | read?                       |                                     | 4.Question it: Wri | ite do   | own 3 questions you have about what you have just read   | 5. Comprehend it |
|             |   |            |              |                |             |                             |                                     | 1.                 |          |  |                  |
|             |   |            |              | 2.             |             |                             |                                     |                    |          |  |                  |
|             |   |            | 3            |                |             |                             |                                     |                    |          |  |                  |
|             |   |            |              |                |             |                             |                                     |                    |          |  |                  |
|             |   |            |              |                |             |                             |                                     |                    |          |  |                  |
|             |   |            |              |                |             |                             |                                     |                    |          |  |                  |

| Yr 8 Culture C1 Monday Week 2 Homework  |                                     | C1 Big Quest        | cion: 'What is a sample space diagram and mutually exc  | clusive events?' |
|---|-------------------------------------|---------------------|---|------------------|
| 1: Read it  | 2. Define<br>(the first one has bee | -                   | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |                  |
| In Morocco, traditional <b>Berber</b> culture is deeply woven into daily life, especially in rural      |                                     |                     | b.<br>c.  |                  |
| communities. The Berbers, or Amazigh people,  |                                     |                     | b   |                  |
| have preserved their unique language, customs, and agricultural practices for centuries. Their          |                                     |                     | с   |                  |
| homes, often made of <b>adobe</b> , reflect sustainable building techniques suited to the arid climate. |                                     |                     | b   |                  |
| Berber cuisine features locally grown ingredients, emphasizing <b>nutritional</b> balance and seasonal  |                                     |                     | c   |                  |
| availability. Herbal remedies   |                                     |                     | b   |                  |
| and <b>botanical</b> knowledge play a vital role in their approach to health. Music and dance, rich     |                                     |                     | b b   |                  |
| in <b>rhythmic</b> patterns and symbolic meaning, are central to celebrations and storytelling. This    |                                     |                     | c   |                  |
| vibrant culture continues to thrive, blending ancient traditions with modern influences.                |                                     |                     | b   |                  |
|   |                                     |                     | c   |                  |
| 3. Summarise it: What is happening in the text you have just read?                                      |                                     | 4.Question it: Writ | re down 3 questions you have about what you have just read  | i. Comprehend it |
|   |                                     | 1.<br>2.            |   |                  |
|   |                                     | 3                   |   |                  |

| Yr 8 Science C1 Monday Week 2  | Homework                             | C:                 | 1 Big Question: 'How does the digestive system  | m work?"         |
|--|--------------------------------------|--------------------|---|------------------|
| 1: Read it  The America Journey of a Chance Sandwich   | 2. Define<br>(the first one has beer |                    | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |                  |
| The Amazing Journey of a Cheese Sandwich One day, a cheese sandwich was eaten by a hungry child. Its adventure began in the mouth, where teeth chewed it up and spit mixed with it. This spit had special helpers called enzymes that started breaking down the bread. |                                      |                    | b. c. b   |                  |
| Next, the sandwich slid down a long tube called the oesophagus and landed in the stomach. There, it was  |                                      |                    | С   |                  |
| mixed with strong acid that killed germs, while more enzymes broke down the cheese and bread even more.  Then it moved into the <b>small intestine</b> , where even more enzymes helped break it into tiny pieces. These pieces  |                                      |                    | c c   |                  |
| were so small, they could go into the blood to give the body energy and help it grow.  |                                      |                    | b<br>c  |                  |
| What couldn't be used went into the large intestine, where water was taken out and good bacteria helped keep everything clean and healthy.  Finally, the rest of the sandwich was turned into waste in   |                                      |                    | b   |                  |
| the <b>rectum</b> and left the body through the <b>anus</b> . And that's how a sandwich becomes part of you!   |                                      |                    | b   |                  |
|  |                                      |                    | С   |                  |
| 3. Summarise it: What is happening in the text you have just read?   |                                      | 4.Question it: Wri | te down 3 questions you have about what you have just read  | 5. Comprehend it |
|  |                                      | 1.<br>2.<br>3      |   |                  |
|  |                                      |                    |   |                  |

| New<br>Vocabulary | Definition |          | Yr 8 Spellings Week 3-4 Cycle 1 |
|-------------------|------------|----------|---------------------------------|
| 1.                |            | 6.       |                                 |
|                   |            | Sentence |                                 |
| 2.                |            |          |                                 |
|                   |            | Sentence |                                 |
| 3.                |            |          |                                 |
|                   |            | Sentence |                                 |
| 4.                |            | 9.       |                                 |
| Sentence          |            |          |                                 |
| 5.                |            | 10.      |                                 |
|                   |            |          |                                 |

| Yr 8 English C1 Big Question  L: Read it  What is a totalitarian government?  A totalitarian government is a political system where the  | 2. Define<br>(the first one has been | lt                 | a. Write out the words highlighted in red b. Write the definition for the words highlighted in red c. Attempt to use the word in a sentence |                          |
|--|--------------------------------------|--------------------|---|--------------------------|
| tate holds total <b>authority</b> over society and seeks to control II aspects of public and private life. In such <b>regimes</b> , a  | Totalitarian                         |                    | b. a political system in which there is only one political party which cont not allow any opposition parties.                               | rols everything and does |
| single leader or ruling party often dominates, and opposition  |                                      |                    | c. Freedom of speech was the first casualty under a totalitarian regime.  |                          |
| s not tolerated. Citizens typically have limited or no political freedoms, and the government uses propaganda, surveillance, <b>censorship</b> , and fear to maintain control.         | Authority                            |                    | b   |                          |
| Totalitarian governments aim to shape not only laws and policies but also the beliefs and behaviors of their people.   |                                      |                    | С   |                          |
| Education, media, religion, and even personal relationships nay be manipulated to support the regime's <b>ideology</b> .   | Regimes                              |                    | b   |                          |
| Examples from history include Nazi Germany under Adolf Hitler and the Soviet Union under Joseph Stalin.  |                                      |                    | С   |                          |
| These governments often justify their control by claiming to protect national security, unity, or tradition. However, they usually suppress dissent, restrict human rights, and punish | Censorship                           |                    | b<br>c  |                          |
| nose who challenge authority. The lack of checks and palances allows leaders to act without accountability, often eading to widespread abuse and suffering.                            | Ideology                             |                    | b   |                          |
| Studying to widespread abuse and suffering.  Studying totalitarianism helps us understand the dangers of unchecked power and the importance of democracy,                              |                                      |                    |   |                          |
| reedom, and human rights. It also encourages vigilance against systems that may gradually erode civil liberties under  | Vigilance                            |                    | b   |                          |
| the guise of stability or progress.  |                                      |                    | С   |                          |
| 3. Summarise it: What is happening in the text you have just read?   |                                      | 4.Question it: Wri | te down 3 questions you have about what you have just read  | 5. Comprehend it         |
|  |                                      | 1.                 |   |                          |
|  |                                      | 2.                 |   |                          |
|  | 3                                    |                    |   |                          |

| Year 8 ICT YPSI C1 Mg  | onday Week 3 H   | omework  | C1 Big Question: 'What is YPSI?'  |                  |
|--|--|----------|---|------------------|
| 1: What is YPSI?  YPSI stands for youth produced sexual imagery. YPSI is a specific type of content created and shared by young people, often involving sexually   | 2. Clarify   | / It     | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |                  |
| suggestive or explicit material.   |  |          |   |                  |
| Any nude or semi-nude picture or live stream that is produced whose subject is a person younger than 18. It is illegal to possess, share or download or store any such image:  |  |          |   |                  |
| Below 18: broken the law   |  |          |   |                  |
| Over 18: criminal activity   |  |          |   |                  |
| It is <b>illegal</b> for <b>an adult over the age of 18</b> to send sexual messages to someone <b>under the age of 16</b> , under the <b>Serious Crime Act 2015</b> . This law determines that 'sexual communication with a child' (considered here to be a person under 16) is illegal. |  |          |   |                  |
| WhatsApp and Snapchat are the most used apps to engage in sexting by teens. The growth of YPSI has remained low over the years but among children aged 15 and over it has risen year on year. 70% of teens said that pressure was one of the reasons why people sent nudes.              |  |          |   |                  |
| Top Tips:  1.Trust your gut instinct. If it doesn't feel right, don't send it on  2.Do not give in to pressure where you are told you need to do something   |  |          |   |                  |
| to "earn" love. Think twice, ask for advice and when in doubt, realise it isn't worth it 3.Digital communication is not anonymous 4.No means no  |  |          |   |                  |
| 3. Summarise it: What is the main idea in the text you have just read?   | 3. Summarise it: What is the main idea in the text you have just read? |          | te down 3 questions you have about the text you have just read  | 5. Comprehend it |
| Challenge: Are there any inferences you can make from the information in the text?   |  | 1.<br>2. |   |                  |
|  |  | 3        |   |                  |

| Yr 8 MFL   | C1 Week Home                           | work               | C1 Big Question: '  |                  |
|--|--|--------------------|---|------------------|
| 1: Read it  Madrid es la capital de España y una ciudad muy grande.  Hay muchos lugares interesantes para visitar. Por ejemplo,  | 2. Translat<br>(the first one has been |                    | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |                  |
| hay museos famosos como el Museo del Prado, donde se puede ver pinturas muy bonitas. También hay parques como el Parque del Retiro, donde se puede pasear y            |  |                    | b.<br>c.  |                  |
| relajarse.   |  |                    | b   |                  |
| En Madrid, se puede comer comida deliciosa. Me gusta la tortilla española porque es muy sabrosa. También se puede probar churros con chocolate, que son dulces y       |  |                    | C   |                  |
| deliciosos.  |  |                    | c c   |                  |
| En mi opinión, Madrid es una ciudad increíble porque hay muchas cosas que hacer. Me encanta porque se puede visitar el estadio del Real Madrid, que es muy emocionante |  |                    | ь   |                  |
| para los aficionados al fútbol. También me gusta porque hay tiendas grandes y se puede comprar ropa moderna.   |  |                    | С   |                  |
| Madrid es una ciudad animada y divertida. Es un buen lugar para visitar porque hay cultura, historia y comida deliciosa. ¡Me gustaría ir!                              |  |                    | c c   |                  |
| ine gustaria ii:   |  |                    |   |                  |
|  |  |                    | b   |                  |
|  |  |                    | С   |                  |
| 3. Summarise it: What is happening in the text you have just read?   |  | 4.Question it: Wri | te down 3 questions you have about what you have just read  | 5. Comprehend it |
|  |  | 1.                 |   |                  |
|  |  | 2.                 |   |                  |
|  |  | 3                  |   |                  |

|   | 2. Define                            | 14                  | a. Write out the words highlighted in red                 |                  |  |
|---|--------------------------------------|---------------------|---|------------------|--|
| 1: Read it  | (the first one has been              |                     | b. Write the definition for the words highlighted in red  |                  |  |
| Finding different averages of a set of data gives us a tool to  | (the mist one has been done for you) |                     | c. Attempt to use the word in a sentence                  |                  |  |
| describe the results. The main averages are the mean, mode and  |                                      |                     | ·   |                  |  |
| median.   |                                      | -                   | b.  |                  |  |
| The mean  |                                      |                     | c.  |                  |  |
| To calculate the mean: Add all the numbers up, Divide by how many   |                                      |                     | b   |                  |  |
| values there are:   |                                      |                     |   |                  |  |
| 63 + 86 + 64 + 67 + 71 + 42 + 79 + 64 + 80 + 6410 = 680 ÷ 10 = 68   |                                      | -                   |   |                  |  |
| Mean = 68   |                                      |                     | c   |                  |  |
| The median  |                                      |                     |   |                  |  |
| The median is the middle value in the sorted set of data. To calculate  |                                      |                     | b   |                  |  |
| the median:   |                                      |                     |   |                  |  |
| List the values in ascending order from smallest to largest Cross values off from each end to identify the middle value |                                      |                     | c   |                  |  |
| If there are two numbers in the middle you must calculate the mean of   |                                      |                     |   |                  |  |
| these two values. This means we add them up and divide by 2.  |                                      |                     | b   |                  |  |
| Order: 42, 63, 64, 64, 64, 67, 71, 79, 80, 86   |                                      |                     |   |                  |  |
| Middle: 64, 67  |                                      | -                   | С   |                  |  |
| 64 + 672 = 1312 = 65.5 Median = 65.5  |                                      |                     |   |                  |  |
| The mode  |                                      |                     |   |                  |  |
| The mode is the most common value that appears in the data.   |                                      |                     | b   |                  |  |
| The mode is the only average where there can be more than one. It is  |                                      |                     |   |                  |  |
| often useful to use the ordered set of numbers; 42, 63, <b>64</b> , <b>64</b> , <b>64</b> , 67,                         |                                      |                     | c   |                  |  |
| 71, 79, 80, 86.   |                                      |                     |   |                  |  |
| Mode = 64   |                                      |                     | b   |                  |  |
|   |                                      |                     |   |                  |  |
| The <b>range</b> of a set of numbers is the <b>difference</b> between the largest                                       |                                      | •                   | c   |                  |  |
| and smallest values in that set. It indicates how spread out the data is.   |                                      |                     |   |                  |  |
| 3. Summarise it: What is happening in the text you have just read?  |                                      | 4.Question it: Writ | e down 3 questions you have about what you have just read | 5. Comprehend it |  |
|   |                                      | 1.                  |   |                  |  |
|   |                                      | 2.                  |   |                  |  |
|   |                                      |                     |   |                  |  |
|   |                                      | 3                   |   |                  |  |
|   |                                      |                     |   |                  |  |

| Yr 8 Culture C1 Monday Week 3 Homework   |  |    |   |  |  |  |  |
|--|--|----|---|--|--|--|--|
| 1: Read it   | 2. Define<br>(the first one has been                           |    | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |  |  |  |  |
| In India, the <b>Diwali</b> festival—also known as the   |  |    | b.  |  |  |  |  |
| Festival of Lights—is a vibrant celebration symbolizing the victory of light over darkness                       |  |    | c.  |  |  |  |  |
| and good over evil. Families decorate their  |  |    | b   |  |  |  |  |
| homes with rangoli patterns and oil lamps  |  |    |   |  |  |  |  |
| called <i>diyas</i> , creating a warm, welcoming   |  |    | С   |  |  |  |  |
| atmosphere. Traditional sweets   |  |    | b   |  |  |  |  |
| ike laddoos and jalebis are shared among   |  |    |   |  |  |  |  |
| neighbors, reinforcing <b>communal</b> bonds.  |  |    | c   |  |  |  |  |
| Fireworks light up the night sky, adding to the  |  |    | b   |  |  |  |  |
| festive spirit. Diwali also holds  |  |    |   |  |  |  |  |
| deep <b>spiritual</b> significance, with prayers offered to deities like Lakshmi for <b>prosperity</b> and well- |  |    | С   |  |  |  |  |
| being. This annual event blends ritual, joy, and   |  |    | b   |  |  |  |  |
| reflection, uniting people across regions and generations.   |  |    | С   |  |  |  |  |
| 50.10.400.10.  |  |    | b   |  |  |  |  |
|  |  |    | С   |  |  |  |  |
| 3. Summarise it: What is happening in the text you have just read?   | ummarise it: What is happening in the text you have just read? |    | 4.Question it: Write down 3 questions you have about what you have just read  5. Compre   |  |  |  |  |
|  |  | 1. |   |  |  |  |  |
|  |  | 2. |   |  |  |  |  |
|  |  | 3  |   |  |  |  |  |
|  |  |    |   |  |  |  |  |

| Yr 8 Science C1 Monday Week 3  1: Read it                              | 2. Define (the first one has been | lt                | Big Question: 'How does the respiratory syst  a. Write out the words highlighted in red b. Write the definition for the words highlighted in red | ion work.        |
|--|-----------------------------------|-------------------|--|------------------|
| The Big Adventure of an Oxygen Molecule                                |                                   |                   | c. Attempt to use the word in a sentence   |                  |
| One sunny day, a tiny <b>oxygen</b> molecule named Oxi floated in      |                                   |                   | b.   |                  |
| the air, dreaming of going on an adventure. Suddenly—                  |                                   |                   | C.   |                  |
| WHOOSH!—Oxi was breathed in through a nose and found                   |                                   |                   |  |                  |
| himself zooming down a long tube called the trachea, also              |                                   |                   | b  |                  |
| known as the windpipe.   |                                   |                   |  |                  |
| The trachea split into two tunnels called <b>bronchi</b> , and Oxi     |                                   |                   | С  |                  |
| followed one into the lungs. The tunnel became smaller and             |                                   |                   |  |                  |
| smaller, turning into tiny tubes called bronchioles, until Oxi         |                                   |                   | b  |                  |
| reached a special place: the alveoli!                                  |                                   |                   |  |                  |
| The <b>alveoli</b> were like tiny balloons, and there were millions of |                                   |                   | С  |                  |
| them! They were moist, thin, and had lots of blood around              |                                   |                   |  |                  |
| them—perfect for Oxi's mission: gas exchange. Oxi easily               |                                   |                   | b  |                  |
| slipped through the thin wall of the alveolus and into the             |                                   |                   |  |                  |
| blood, while a tired carbon dioxide molecule came out to               |                                   |                   |  |                  |
| take his place and be breathed out.                                    |                                   |                   | С  |                  |
| Oxi traveled through the blood to help the body make energy,           |                                   |                   |  |                  |
| while the carbon dioxide was carried back to the lungs.                |                                   |                   | b  |                  |
| Meanwhile, the diaphragm, a muscle under the lungs, had                |                                   |                   |  |                  |
| helped Oxi get in by <b>moving down</b> and making room in the         |                                   |                   | С  |                  |
| lungs. When it was time to breathe out, the diaphragm                  |                                   |                   |  |                  |
| moved back up, pushing the air out.                                    |                                   |                   | b  |                  |
| And so, Oxi completed his journey, proud to be helping the             |                                   |                   |  |                  |
| body work, one breath at a time!                                       |                                   |                   | С  |                  |
|  |                                   |                   |  |                  |
| 3. Summarise it: What is happening in the text you have just read?     |                                   | 4.Question it: Wr | te down 3 questions you have about what you have just read   | 5. Comprehend it |
|  |                                   | 1.                |  | <b>国教部教</b> 国    |
|  |                                   | 2.                |  |                  |
|  |                                   | 2                 |  |                  |
|  |                                   | 3                 |  |                  |
|  |                                   |                   |  |                  |

| New<br>Vocabulary | Definition |          | Yr 8 Spellings Week 5-6 Cycle 1 |
|-------------------|------------|----------|---------------------------------|
| 1.                |            | 6.       |                                 |
|                   |            | Sentence |                                 |
| 2.                |            |          |                                 |
|                   |            | Sentence |                                 |
| 3.                |            |          |                                 |
|                   |            |          |                                 |
| 4.                |            | 9.       |                                 |
| Sentence          |            | Sentence |                                 |
| 5.                |            | 10.      |                                 |
|                   |            |          |                                 |

| Yr 8 English C1 Big Question  | n: 'How can Dyst                    | opian fiction    | help us to better understand the world aroun  | d us ?'                       |
|---|-------------------------------------|------------------|---|-------------------------------|
| 1: Read it What is a tyrant?  | 2. Define<br>(the first one has bee |                  | 3 3   |                               |
| A tyrant is a ruler who gains and maintains power through force, manipulation, or fear, often without legal or moral justification.                     | Manipulation                        |                  | b. the act of influencing or controlling someone or something cleverly, unfairly or dishonestly, often without them realizing it. | skillfully, or sometimes      |
| Unlike a fair leader who governs with the consent of the people, a tyrant typically ignores laws, <b>suppresses</b> opposition, and                     |                                     |                  | c. There's been so much media manipulation of the facts that nobody k   | nows the truth of the matter. |
| prioritizes personal power over the well-being of citizens. Tyrants may use violence, propaganda, and intimidation to stay in control,                  | Justification                       |                  | b   |                               |
| and they often silence critics or punish those who challenge their authority.   |                                     |                  | С   |                               |
| Historically, the term "tyrant" originated in ancient Greece, where it initially referred to someone who seized power                                   | Suppresses                          |                  | b   |                               |
| unconstitutionally. Over time, it came to mean a cruel and oppressive ruler. Famous examples include dictators like Adolf                               |                                     |                  | c   |                               |
| Hitler and Joseph Stalin, who ruled with absolute authority and caused immense suffering.   | Unconstitutionally                  |                  | b   |                               |
| Tyranny can exist in any form of government when leaders abuse their power and ignore the rights of the people. Studying tyrants                        |                                     |                  | С   |                               |
| helps us recognize the signs of <b>authoritarianism</b> and understand the importance of checks and balances, free speech, and democratic institutions. | Authoritarianism                    |                  | b   |                               |
| By learning about tyranny, we become more aware of how power  |                                     |                  | С   |                               |
| can be misused and why it's essential to protect freedom, justice, and <b>accountability</b> in any society.  | Accountability                      |                  | b   |                               |
|   |                                     |                  | С   |                               |
| 3. Summarise it: What is happening in the text you have just read?  |                                     | 4.Question it: W | rite down 3 questions you have about what you have just read  | 5. Comprehend it              |
|   |                                     | 1.               |   |                               |
|   |                                     | 2.               |   |                               |
|   |                                     | 3                |   |                               |
|   |                                     |                  |   |                               |

| Yr 8 Science C1 Monday  | / Week 7 Homew                       | ork                               | C1 Big Question: 'What is acceleration?   | ,                |
|---|--------------------------------------|-----------------------------------|---|------------------|
| 1: Read it Sky Dive Sam was finally ready for his first jump from a plane. "Here I go!" he shouted, leaping out into the sky!   | 2. Define<br>(the first one has beer |                                   | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |                  |
| Stage 1: At first, Sam fell fast! His weight pulled him down hard, but there wasn't much air resistance yet. The forces weren't   |                                      |                                   | b.<br>c.  |                  |
| balanced, so Sam accelerated, falling faster and faster.  Stage 2: As Sam sped up, the wind pushed harder against him.  "Whoa! That's strong air!" he shouted. The air resistance increased, slowing his acceleration a bit. He was still falling faster,               |                                      |                                   | c c   |                  |
| Stage 3: Soon, the wind pushing up was just as strong as Sam's weight pulling him down. The forces were balanced, so Sam stopped speeding up. He was falling at a steady speed called   |                                      |                                   | b<br>c  |                  |
| <b>terminal velocity</b> . "This feels amazing!" he yelled. <b>Stage 4:</b> Then—whoosh!—Sam pulled his <b>parachute</b> ! It opened wide, giving him a much bigger surface area. The <b>air resistance</b>   |                                      |                                   | b   |                  |
| <ul> <li>shot up, now stronger than his weight. The force now pushed up, and Sam began to slow down.</li> <li>Stage 5: As he decelerated, the air resistance started to decrease.</li> <li>Soon, the air resistance and his weight were equal again, and Sam</li> </ul> |                                      |                                   | b b   |                  |
| fell gently at a new, slower <b>terminal velocity</b> .  He landed safely on the ground with a big smile. "What a ride!  Science is awesome!" he said, giving his parachute a high five   |                                      |                                   | c<br>b  |                  |
|   |                                      |                                   | с   |                  |
| 3. Summarise it: What is happening in the text you have just read?  |                                      | 4.Question it: Write              | e down 3 questions you have about what you have just read   | 5. Comprehend it |
|   |                                      | <ol> <li>2.</li> <li>3</li> </ol> |   |                  |

| Yr 8 MFL   | C1 Week Home                           | work               | C1 Big Question: '  |                  |
|--|--|--------------------|---|------------------|
| 1: Read it   | 2. Translat<br>(the first one has been |                    | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |                  |
| Barcelona es una ciudad <b>increíble</b> en España. Tiene muchas cosas interesantes para ver y hacer. Hay playas                                   |  |                    | b.  |                  |
| bonitas donde <b>se puede nadar</b> y tomar el sol. También se   |  |                    | C.  |                  |
| puede visitar lugares famosos como la Sagrada Familia, un edificio impresionante diseñado por Gaudí.   |  |                    | b   |                  |
| Para los que disfrutan del fútbol, Barcelona tiene el estadio<br>del FC Barcelona, el Camp Nou, donde se puede ver                                 |  |                    | С   |                  |
| partidos emocionantes. Me gusta mucho el ambiente de la ciudad porque es animado y hay muchas tiendas,   |  |                    | b   |                  |
| restaurantes y cafés.  |  |                    | С   |                  |
| Además, se puede caminar por Las Ramblas, una calle popular llena de vida. Hay mercados como La Boquería   |  |                    | b   |                  |
| donde se puede probar comida deliciosa, como tapas y churros. Me gusta la comida de Barcelona porque es variada                                    |  |                    | С   |                  |
| y sabrosa.   |  |                    | b   |                  |
| Es una ciudad perfecta para explorar, <b>aprender sobre</b> la cultura española y disfrutar de su energía única. ¿Te gustaría visitarla algún día? |  |                    | С   |                  |
| gustaria visitaria alguri dia :  |  |                    | b   |                  |
|  |  |                    | С   |                  |
| 3. Summarise it: What is happening in the text you have just read?   |  | 4.Question it: Wri | te down 3 questions you have about what you have just read  | 5. Comprehend it |
|  |  | 1.                 |   |                  |
|  |  | 2.                 |   |                  |
|  |  | 3                  |   |                  |

| Yr 8 Maths C1 Monday Wee  | k 4 Homework                         |                    | C1 Big Question: 'What are statistical diagr  | rams?'           |
|---|--------------------------------------|--------------------|---|------------------|
| 1: Read it It is important to know how to read, analyse and represent data  | 2. Define<br>(the first one has beer |                    | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |                  |
| in order to understand the meaning behind it.   |                                      |                    | b.  |                  |
| <b>Bar charts</b> visually show the <b>frequency</b> (how many) of each variable (thing) we are looking at.   | <del> </del>                         |                    | c.  |                  |
| Bar charts must follow these rules:   | 1                                    |                    | b   |                  |
| <ul> <li>- Bars are the heights of the frequencies in the table.</li> <li>- Bars are all the same width (recommend two squares).</li> <li>- Bars are all the same distance apart (recommend one square).</li> </ul> |                                      |                    | С   |                  |
| - Axes are labelled. X-axis is always the variable, y-axis is always the frequency.   |                                      |                    | b   |                  |
| A <b>line graph</b> is a type of graph used to spot in data over time, eg   | 1                                    |                    | С   |                  |
| hours in a day or months in a year. The data points are joined together by line segments. In a line graph the frequency is usually  |                                      |                    | b   |                  |
| represented on the <b>vertical</b> scale. The labelling on the <b>horizontal</b> scale represents the increments of time.   |                                      |                    | С   |                  |
| A <b>pictograph</b> , also known as a picture graph or pictogram, is a  |                                      |                    | b   |                  |
| type of data visualization that uses pictures or symbols to represent data. Each picture or symbol in a pictograph corresponds to a specific quantity or value, making it easy to                                   |                                      |                    | С   |                  |
| understand and interpret the data. One picture might equal more than one item. Then, if each picture represents more than one   |                                      |                    | b   |                  |
| item, you can work out the number of items by multiplying.  | 1                                    |                    | С   |                  |
| 3. Summarise it: What is happening in the text you have just read?  |                                      | 4.Question it: Wri | ite down 3 questions you have about what you have just read   | 5. Comprehend it |
|   |                                      | 1.                 |   |                  |
|   |                                      | 2.                 |   |                  |
|   |                                      | 3                  |   |                  |
|   |                                      | 1                  |   |                  |

| Yr 8 Culture C1  |                                      |                     |   |                  |  |
|--|--------------------------------------|---------------------|---|------------------|--|
| 1: Read it It is important to know how to read, analyse                                  | 2. Define<br>(the first one has been | -                   | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |                  |  |
| •  |                                      |                     | b.  |                  |  |
| and represent data in order to understand the meaning behind it.                         |                                      |                     | C.  |                  |  |
| In Brazil, the <b>Carnival</b> is a world-famous cultural                                |                                      |                     | b   |                  |  |
| ,  |                                      |                     |   |                  |  |
| celebration known for its vibrant parades, music, and dance. Rooted in both European and |                                      |                     | c   |                  |  |
| African traditions, Carnival blends <b>Catholic</b> pre-                                 |                                      |                     | b   |                  |  |
| Lenten customs with Afro-Brazilian rhythms   |                                      |                     |   |                  |  |
| like <b>samba</b> . Participants wear  |                                      |                     | с   |                  |  |
| elaborate <b>costumes</b> , often handmade and rich                                      |                                      |                     |   |                  |  |
| in color and symbolism. The event is not only a  |                                      |                     | b   |                  |  |
| spectacle but also a powerful expression   |                                      |                     | С   |                  |  |
| of <b>identity</b> and <b>community</b> , bringing together                              |                                      |                     |   |                  |  |
| people from all walks of life. Street  |                                      |                     | b   |                  |  |
| performances, drumming, and choreography   |                                      |                     | c   |                  |  |
| reflect Brazil's diverse heritage, making Carnival                                       |                                      |                     |   |                  |  |
| a dynamic showcase of cultural <b>fusion</b> and   |                                      |                     | b   |                  |  |
| national pride.  |                                      | -                   | C   |                  |  |
|  |                                      |                     |   |                  |  |
| 3. Summarise it: What is happening in the text you have just read?                       |                                      | 4.Question it: Writ | te down 3 questions you have about what you have just read  | 5. Comprehend it |  |
|  |                                      | 1.                  |   |                  |  |
|  |                                      | 2.                  |   |                  |  |
|  |                                      | 3                   |   |                  |  |
|  |                                      |                     |   |                  |  |
|  |                                      |                     |   |                  |  |

| Yr 8 Science C1 Monday Week 4 Homework C1 Big Question: 'What is the difference between mass and weight?' |                                     |                   |   |                  |  |
|---|-------------------------------------|-------------------|---|------------------|--|
| 1: Read it  Max was a curious kid who loved space. One  | 2. Define<br>(the first one has bee |                   | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |                  |  |
| night, he dreamed he was an astronaut exploring   |                                     |                   | b.  |                  |  |
| different planets in a shiny spaceship.   |                                     |                   |   |                  |  |
| First, Max checked his mass. He stood on a mass   |                                     |                   | c.  |                  |  |
| balance and saw it read 30 kilograms. "Cool!  |                                     |                   | b   |                  |  |
| That's how much stuff I'm made of," he said.  |                                     |                   |   |                  |  |
| "And it never changes, even in space!"  |                                     |                   | С   |                  |  |
| Next, he landed on <b>Earth</b> and used a <b>Newton</b>  |                                     |                   |   |                  |  |
| meter to check his weight. It said 300 Newtons  |                                     |                   | b   |                  |  |
| because Earth's gravitational field strength is 10  |                                     |                   |   |                  |  |
| <b>N/kg</b> . Max remembered the equation:  |                                     |                   | С   |                  |  |
| Weight = mass $\times$ gravity, so 30 kg $\times$ 10 = 300 N.   |                                     |                   |   |                  |  |
| Then, Max zoomed off to the <b>Moon</b> , where   |                                     |                   | b   |                  |  |
| gravity is weaker. There, the Newton meter only   |                                     |                   |   |                  |  |
| showed <b>50 Newtons</b> ! "Wow!" said Max, "My   |                                     |                   | С   |                  |  |
| mass is still 30 kg, but my weight changed  |                                     |                   | b   |                  |  |
| because the Moon's gravity is smaller."   |                                     |                   |   |                  |  |
| Max visited more planets, seeing his weight   |                                     |                   | С   |                  |  |
| change each time—but his mass stayed the  |                                     |                   |   |                  |  |
| same. When he woke up, he smiled and said,  |                                     |                   | b   |                  |  |
| "Mass is what I'm made of. Weight is how heavy I  |                                     |                   |   |                  |  |
| feel because of gravity!"   |                                     |                   | С   |                  |  |
| 3. Summarise it: What is happening in the text you have just read?  |                                     | 4.Question it: Wr | te down 3 questions you have about what you have just read  | 5. Comprehend it |  |
|   |                                     | 1.                |   | 回線系統第三           |  |
|   |                                     | 2.                |   |                  |  |
|   |                                     | 3                 |   |                  |  |

| New<br>Vocabulary | Definition |          | Yr 8 Spellings Week 7-8 Cycle 1 |
|-------------------|------------|----------|---------------------------------|
| 1.                |            | 6.       |                                 |
|                   |            | Sentence |                                 |
| 2.                |            |          |                                 |
|                   |            | Sentence |                                 |
| 3.                |            |          |                                 |
|                   |            | Sentence |                                 |
| 4.                |            | 9.       |                                 |
| Sentence          |            | Sentence |                                 |
| 5.                |            | 10.      |                                 |
|                   |            |          |                                 |

| Yr 8 English C1 Big Question: 'How can Dystopian fiction help us to better understand the world around us?'   |   |                    |   |                            |  |  |
|---|---|--------------------|---|----------------------------|--|--|
| 1: Read it  What is a democratic government?  | 2. Define It<br>(the first one has been done for you) |                    | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |                            |  |  |
| A democratic government is a system where power is held by the  | Citizens  |                    | b. Someone who is a citizen of a particular country is legally accepted as  | belonging to that country. |  |  |
| people, either directly or through elected representatives. In a democracy, <b>citizens</b> have the right to vote, express their opinions,   |   |                    | c. The life of ordinary citizens began to change.   |                            |  |  |
| and participate in decision-making processes that affect their lives. This form of government is based on <b>principles</b> like equality,  | Principles  |                    | b   |                            |  |  |
| freedom, and the rule of law.   |   |                    | С   |                            |  |  |
| There are two main types of democracy: direct democracy, where people vote on laws and <b>policies</b> themselves, and representative democracy, where they <b>elect</b> leaders to make decisions on their | Policies  |                    | b   |                            |  |  |
| behalf. Most modern democracies, like the United Kingdom or the United States, are representative.  |   |                    | С   |                            |  |  |
| Key features of a democratic government include free and fair   | Elect   |                    | b   |                            |  |  |
| elections, protection of human rights, freedom of speech and the press, and an independent <b>judiciary</b> . These elements help ensure that leaders are accountable to the people and that power is not   |   |                    | С   |                            |  |  |
| abused.   | Judiciary   |                    | b   |                            |  |  |
| Democracy encourages open debate, respects diverse opinions, and allows peaceful transitions of power. It empowers citizens to  |   |                    | С   |                            |  |  |
| shape their society and hold their leaders responsible. Studying democracy helps us understand the importance of civic participation and the need to protect democratic values in the face                  | Corruption  |                    | b   |                            |  |  |
| of challenges like <b>corruption</b> , inequality, or authoritarianism.   |   |                    | С   |                            |  |  |
| 3. Summarise it: What is happening in the text you have just read?  |   | 4.Question it: Wri | te down 3 questions you have about what you have just read  | 5. Comprehend it           |  |  |
|   |   | 1.                 |   |                            |  |  |
|   |   | 2.                 |   |                            |  |  |
|   |   | 3                  |   |                            |  |  |
|   |   |                    |   |                            |  |  |

| Year 8 ICT Fake News C1 Monday Week 4-5 Homework C1 Big Question: 'What is a hoax, fake news and click bait'?  |            |                    |  |                  |  |  |
|--|------------|--------------------|--|------------------|--|--|
| 1: What is a hoax, fake news and click bait?   | 2. Clarify | / It               | a. Write out the words highlighted in red b. Write the definition for the words highlighted in red |                  |  |  |
| Fake news refers to false or misleading information presented as if it were real news. It is often spread to influence people's opinions, deceive readers, or generate clicks and advertising revenue. |            |                    | c. Attempt to use the word in a sentence   |                  |  |  |
| Key Features of Fake News: Not based on facts or evidence.   |            |                    |  |                  |  |  |
| Often uses sensational headlines to grab attention. Can be spread through social media, websites, or even traditional media.   |            |                    |  |                  |  |  |
| May be created for political, financial, or social gain.   |            |                    |  |                  |  |  |
| <b>Example:</b> A fake news article might claim that a celebrity has died when they are  |            |                    |  |                  |  |  |
| alive, just to get people to click on the story.   |            |                    |  |                  |  |  |
| Clickbait is a type of online content—usually a headline, image, or video title—designed to grab attention and encourage people to click, often  |            |                    |  |                  |  |  |
| by being sensational, misleading, or exaggerated.  Examples:  "You won't believe what happened next!"  |            |                    |  |                  |  |  |
| <ul><li>"This one trick will change your life forever!"</li><li>"Doctors hate her for discovering this secret!"</li></ul>  |            |                    |  |                  |  |  |
| A hoax is a deliberate trick or deception intended to make people believe something that is not true. It is often done for humour,   |            |                    |  |                  |  |  |
| mischief, or to mislead others for personal gain or attention. <b>Examples of Hoaxes:</b>  |            |                    |  |                  |  |  |
| <ul> <li>A fake news story claiming a celebrity has died when they haven't.</li> <li>A viral social media post warning about a non-existent danger.</li> </ul>   |            |                    |  |                  |  |  |
| 3. Summarise it: What is the main idea in the text you have just read?   |            | 4.Question it: Wri | te down 3 questions you have about the text you have just read                                     | 5. Comprehend it |  |  |
|  |            | 1.                 |  |                  |  |  |
| <u>Challenge:</u> Are there any inferences you can make from the information in the  | text?      | 3                  |  | ☐ £ 100 m        |  |  |

| Yr 8 MFL  | C1 Week Home                          | work               | C1 Big Question: '  |                  |
|---|---------------------------------------|--------------------|---|------------------|
| 1: Read it  | 2. Translat<br>(the first one has bee |                    | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |                  |
| Ciudad de México es una de las ciudades más grandes del mundo. Tiene una historia fascinante y muchos lugares   |                                       |                    | b.  |                  |
| interesantes para visitar.  |                                       |                    | c.  |                  |
| En el centro, hay monumentos famosos como el Zócalo y el  |                                       |                    | b   |                  |
| Palacio de Bellas Artes. También se puede visitar museos como el Museo Nacional de Antropología para aprender más   |                                       |                    | С   |                  |
| sobre la cultura mexicana.  |                                       |                    | b   |                  |
| La comida es deliciosa. Se puede probar tacos, tamales y otros platillos típicos. Además, tiene restaurantes modernos y tradicionales para todos los gustos.                      |                                       |                    | С   |                  |
|   |                                       |                    | b   |                  |
| Sin embargo, no hay playas porque la ciudad está lejos del mar. Por eso, no se puede nadar en el océano, pero se puede pasear en <b>trajineras</b> por los canales de Xochimilco. |                                       |                    | С   |                  |
|   |                                       |                    | b   |                  |
| Ciudad de México es un lugar lleno de vida y cultura. Tiene muchas cosas que descubrir, ¿te gustaría visitarla algún día?   |                                       |                    | С   |                  |
|   |                                       |                    | b   |                  |
|   |                                       |                    | С   |                  |
| 3. Summarise it: What is happening in the text you have just read?  |                                       | 4.Question it: Wri | te down 3 questions you have about what you have just read  | 5. Comprehend it |
|   |                                       | 1.                 |   |                  |
|   |                                       | 2.                 |   |                  |
|   |                                       | 3                  |   |                  |
|   |                                       |                    |   |                  |

| Yr 8 Maths C1 Monday Week 5 Homework C1 Big Question: 'How are pie charts constructed?' |   |  |   |                  |  |  |  |
|---|---|--|---|------------------|--|--|--|
| 1: Read it  A pie chart is a chart represented by a circle. It shows the                | 2. Define It<br>(the first one has been done for you) |  | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |                  |  |  |  |
| <b>proportion</b> of each group at a glance. Remember that there are                    |   |  | b.  |                  |  |  |  |
| 360° in a circle so each group in the pie chart will be a proportion                    |   |  | c.  |                  |  |  |  |
| of 360°. Each group or section in a pie chart is called a sector.                       |   |  | C.  |                  |  |  |  |
| The angle of each sector is representative of the proportions of                        |   |  | b   |                  |  |  |  |
| the whole data sample. Sometimes a key may be included to                               |   |  |   |                  |  |  |  |
| indicate what each sector represents.   | I   |  | С   |                  |  |  |  |
| To see done on the shoot short to see stood The date of the second to                   |   |  |   |                  |  |  |  |
| To produce a pie chart, data is required. The data often comes in the form of a table.  |   |  | b   |                  |  |  |  |
| To create a pie chart, the size of the angles needed must be                            |   |  |   |                  |  |  |  |
| calculated.   |   |  | С   |                  |  |  |  |
| Add the total <b>frequency</b> in the table.  |   |  |   |                  |  |  |  |
| Divided 360° by the total frequency.  |   |  | b   |                  |  |  |  |
| Multiply each frequency by this value. These are the angles for                         |   |  |   |                  |  |  |  |
| each sector.  |   |  | С   |                  |  |  |  |
| Construct a circle and draw a vertical line from the top to the                         |   |  |   |                  |  |  |  |
| centre.   |   |  | b   |                  |  |  |  |
| In a clockwise direction, use a protractor to plot each angle in                        |   |  |   |                  |  |  |  |
| turn. Label each sector or use a key to colour code each.                               |   |  | С   |                  |  |  |  |
| Give your pie chart a title   |   |  |   |                  |  |  |  |
| Give your pie chart a title   |   |  | b   |                  |  |  |  |
|   |   |  |   |                  |  |  |  |
|   |   |  | С   |                  |  |  |  |
| 3. Summarise it: What is happening in the text you have just read?                      |   | 4.Question it: Write down 3 questions you have about what you have just read |   | 5. Comprehend it |  |  |  |
|   |   | 1.   |   |                  |  |  |  |
|   |   | 2.   |   |                  |  |  |  |
|   |   | 3  |   |                  |  |  |  |
|   |   |  |   |                  |  |  |  |
|   |   | ļ  |   |                  |  |  |  |

| Yr 8 Maths C1 Monday Week 5 Homework C1 Big Question: 'How are pie charts constructed?'                     |   |                    |   |  |  |  |
|---|---|--------------------|---|--|--|--|
| 1: Read it  | 2. Define It<br>(the first one has been done for you) |                    | a. Write out the words highlighted in red b. Write the definition for the words highlighted in red c. Attempt to use the word in a sentence |  |  |  |
| In the highlands of Peru, a boy named Túpac lived in a  |   |                    | b.  |  |  |  |
| small <b>indigenous</b> village surrounded by mountains.  |   |                    |   |  |  |  |
| Every morning, he helped his grandmother  |   |                    | c.  |  |  |  |
| prepare <i>chicha</i> , a traditional drink made from fermented maize. Though his village was remote, Túpac |   |                    | b   |  |  |  |
| was <b>curious</b> about the world beyond the peaks. One  |   |                    |   |  |  |  |
| day, a group of <b>anthropologists</b> visited to study local   |   |                    | c   |  |  |  |
| customs. Fascinated by their stories and tools, Túpac   |   |                    | b   |  |  |  |
| eagerly shared his knowledge of <b>ceremonial</b> dances and  |   |                    |   |  |  |  |
| ancient <b>textiles</b> woven by his ancestors. The visitors were impressed by                              |   |                    | C C   |  |  |  |
| his articulate explanations and invited him to a cultural   |   |                    | b   |  |  |  |
| exchange in Lima. Nervous but excited, Túpac traveled   |   |                    |   |  |  |  |
| to the city, where he performed a traditional dance in front of hundreds. His heart swelled with pride—not  |   |                    | C   |  |  |  |
| just for himself, but for his people. He returned home  |   |                    | Ь   |  |  |  |
| with new dreams and a deeper appreciation for his   |   |                    |   |  |  |  |
| heritage  |   |                    | c   |  |  |  |
|   |   |                    | b   |  |  |  |
|   |   |                    |   |  |  |  |
|   |   |                    | С   |  |  |  |
| 3. Summarise it: What is happening in the text you have just read?  |   | 4.Question it: Wri | .Question it: Write down 3 questions you have about what you have just read 5. Comprehen  |  |  |  |
|   |   | 1.                 |   |  |  |  |
|   |   | 2.                 |   |  |  |  |
|   | 3   |                    |   |  |  |  |
|   |   |                    |   |  |  |  |

| 1: Read it   | 2. Define<br>(the first one has bee |                    | a. Write out the words highlighted in red b. Write the definition for the words highlighted in red c. Attempt to use the word in a sentence |                  |
|--|-------------------------------------|--------------------|---|------------------|
| Springy was a happy little spring who lived in a science lab. One day, she heard the teacher say, "Today we're learning about Hooke's Law!"  The students gently hung weights on Springy. She began to stretch, but not too much. "This is called elastic deformation," she said proudly. "I can go back to my normal shape when the weights come off!"  As more force was added, Springy stretched even more. "According to Hooke's Law, my extension grows in a straight line with the force, as long as you don't overdo it!" On the force—extension graph, it made a nice straight line through the origin—just like the rule of directly proportional things.  But oh no! One student added too much weight. Springy stretched too far and couldn't go back to her old shape. "Now I've had an inelastic deformation," she sighed. "I've passed my limit of |                                     |                    | b. c.   |                  |
|  |                                     |                    | b<br>c  |                  |
| proportionality!"  |                                     |                    | b<br>c  |                  |
| . Summarise it: What is happening in the text you have just read?  |                                     | 4.Question it: Wri | te down 3 questions you have about what you have just read  | 5. Comprehend it |
|  |                                     | 1.<br>2.<br>3      |   |                  |

| New<br>Vocabulary | Definition |          | Yr 8 Spellings Week 11 -12 Cycle 1 |
|-------------------|------------|----------|------------------------------------|
| 1.                |            | 6.       |                                    |
|                   |            | Sentence |                                    |
| 2.                |            |          |                                    |
|                   |            | Sentence |                                    |
| 3.                |            | 8.       |                                    |
|                   |            | Sentence |                                    |
| 4.                |            | 9.       |                                    |
|                   |            |          |                                    |
| 5.                |            | 10.      |                                    |
|                   |            |          |                                    |

| Yr 8 English C1 Big Question   | n: 'How can Dyst                                      | opian fiction     | help us to better understand the world around   | l us ?'          |
|--|---|-------------------|---|------------------|
| 1. Road it How do characters in dystopian fiction challenge or resist oppressive systems, and what can we learn from their   | 2. Define It<br>(the first one has been done for you) |                   | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |                  |
| actions?"  In dystopian fiction, characters often resist oppressive systems in   | Oppressive  |                   | b. If you describe a society, its laws, or customs as oppressive, you think they treat people cruelly and unfairly.   |                  |
| ways that reveal the strength of the human spirit and the  |   |                   | c. The new laws will be just as oppressive as those they replace.   |                  |
| importance of standing up for justice. These characters may challenge authority through <b>rebellion</b> , secret acts of defiance, or by spreading truth in a society built on lies. For example, in <i>The Hunger Games</i> , Katniss Everdeen becomes a symbol of <b>resistance</b> by refusing to play by the Capitol's rules. Her courage | Rebellion   |                   | b   |                  |
|  |   |                   | С   |                  |
| inspires others to rise up against tyranny.  | Resistance  |                   | b   |                  |
| Such characters often begin as ordinary individuals but grow into powerful symbols of hope and change. Their journeys show that even in the darkest circumstances, people can make a difference.   |   |                   | С   |                  |
| Through their struggles, readers learn about the dangers of unchecked power, the value of freedom, and the importance of   | Injustice   |                   | b   |                  |
| speaking out against <b>injustice</b> .  |   |                   | С   |                  |
| These stories encourage us to think <b>critically</b> about our own world. They ask us to consider: What would I do in a similar situation? How can I stand up for what's right today? By watching   | Critically  |                   | b   |                  |
| characters <b>resist</b> control and fight for a better future, we're reminded that change is possible—and that it often starts with one   |   |                   | С   |                  |
| brave voice.   | Resist  |                   | b   |                  |
|  |   |                   | С   |                  |
| 3. Summarise it: What is happening in the text you have just read?   |   | 4.Question it: Wr | ite down 3 questions you have about what you have just read   | 5. Comprehend it |
|  |   | 1.                |   |                  |
|  |   | 2.                |   |                  |
|  |   | 3                 |   |                  |
|  |   |                   |   |                  |

| Year 8 ICT Health and Safety Using Computers C1 Monday W   | eek 6-7 Homework <b>E</b> | Big Question: 'Wl      | nat are the health and safety issues when using a computer'?  |                  |
|--|---------------------------|------------------------|---|------------------|
| 1: What are the health and safety issues when using a computer? Prolonged use of computers can lead to several health problems if  | 2. Clarify                | It                     | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |                  |
| proper habits and <b>ergonomics</b> are not followed. One of the most common issues is <b>musculoskeletal pain</b> , especially in the neck, back,   |                           |                        |   |                  |
| shoulders, and wrists, often caused by poor posture and non-   |                           |                        |   |                  |
| ergonomic setups. Eye strain is another frequent problem, leading to dry eyes, blurred vision, and headaches due to extended screen time.  Repetitive strain injuries (RSIs), such as carpal tunnel syndrome, can  |                           |                        |   |                  |
| result from continuous typing or mouse use. Additionally, headaches and migraines may be triggered or worsened by screen glare and   |                           |                        |   |                  |
| brightness.  |                           |                        |   |                  |
| Using a computer room comes with several safety risks that should be carefully managed to ensure a safe environment for all users. Electrical hazards are a major concern, as overloaded sockets or damaged cables |                           |                        |   |                  |
| can lead to shocks or fires. Trip hazards from loose wires or poorly arranged furniture can cause falls and injuries. Poor ventilation may   |                           |                        |   |                  |
| lead to overheating of equipment and discomfort for users. Inadequate lighting can strain the eyes and contribute to fatigue, while improper seating and desk arrangements can cause long-term posture and         |                           |                        |   |                  |
| musculoskeletal problems.  |                           |                        |   |                  |
| The Health and Safety at Work Act 1974 is the main piece of legislation governing workplace health and safety in the UK. It sets out the general duties that employers, employees, and the self-employed           |                           |                        |   |                  |
| have to ensure a safe and healthy working environment. Employers are required to protect the health, safety, and welfare of their employees  |                           |                        |   |                  |
| and others who may be affected by their work. Employees also have a duty to take care of their own health and safety and that of others.   |                           |                        |   |                  |
| 3. Summarise it: What is the main idea in the text you have just read?   |                           | 4.Question it: Writ    | e down 3 questions you have about the text you have just read   | 5. Comprehend it |
|  |                           | <ol> <li>2.</li> </ol> |   |                  |
| Challenge: Are there any inferences you can make from the information in the te  | xt?                       | 3                      |   |                  |

| Yr 8 MFL   | C1 Week Home                        | work               | C1 Big Question: '  |                  |
|--|-------------------------------------|--------------------|---|------------------|
| 1: Read it  Santiago de Chile es la capital de Chile y una ciudad  | 2. Translate (the first one has bee |                    | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |                  |
| muy grande y moderna. Hay muchos edificios altos,<br>centros comerciales y museos interesantes. También<br>hay montañas alrededor, así que las vistas son muy    |                                     |                    | b. c.   |                  |
| bonitas.   |                                     |                    | b   |                  |
| La ciudad tiene un clima variado: en verano hace<br>mucho calor y en invierno hace frío. En invierno, se<br>puede ver la nieve en las montañas y muchas personas |                                     |                    | С   |                  |
| esquian. En verano, se puede pasear por los parques o tomar un refresco en una terraza.  |                                     |                    | b   |                  |
| Se puede visitar el Cerro San Cristóbal, una colina muy popular con una estatua grande y un parque zoológico.  |                                     |                    | b   |                  |
| También se puede usar <b>el teleférico</b> para ver toda la ciudad desde arriba.   |                                     |                    | С   |                  |
| A mí me gusta Santiago porque es <b>animado</b> y tiene muchas actividades. Me gusta la comida típica como   |                                     |                    | b   |                  |
| las empanadas. Pero no me gusta el tráfico porque hay demasiados coches.   |                                     |                    | С   |                  |
| En resumen, Santiago de Chile es una ciudad emocionante con mucho que ver y hacer. ¡Vale la pena   |                                     |                    | b   |                  |
| visitarla!   |                                     |                    | С   |                  |
| 3. Summarise it: What is happening in the text you have just read?   |                                     | 4.Question it: Wri | te down 3 questions you have about what you have just read  | 5. Comprehend it |
|  |                                     | 1.                 |   |                  |
|  |                                     | 2.                 |   |                  |
|  |                                     | 3                  |   |                  |

| Yr 8 Maths C1 Monday Week 6 Homework C1 Big Question: 'What are the different laws of indices?'   |                                      |                    |   |                  |  |  |
|---|--------------------------------------|--------------------|---|------------------|--|--|
| 1: Read it Indices are used to show numbers that have been multiplied by  | 2. Define<br>(the first one has been | -                  | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |                  |  |  |
| themselves. They can also be used to represent <b>roots</b> , such as the   |                                      |                    | b.  |                  |  |  |
| square root, and some <b>fractions</b> . The laws of indices enable expressions involving powers to be manipulated more efficiently   |                                      |                    | c.  |                  |  |  |
| than writing them out in full.  |                                      |                    | b   |                  |  |  |
| An index, or power, is the small floating number that appears after a number or letter. The plural of index is indices. Indices   |                                      |                    |   |                  |  |  |
| show how many times a number or letter has been multiplied by itself.   |                                      |                    | С   |                  |  |  |
| $a^2$ (read as 'a squared') means a×a. a has been multiplied by itself twice. The index, or power, here is 2.   |                                      |                    | b   |                  |  |  |
| Multiplying indices   |                                      |                    | С   |                  |  |  |
| To multiply together two identical values or variables (letters) that are presented in index form, add the powers  However, d <sup>3</sup> ×e <sup>2</sup> cannot be simplified because d and e are |                                      |                    | b   |                  |  |  |
| different.  Dividing indices  |                                      |                    | С   |                  |  |  |
| To divide two identical values or variables (letters) that are presented in index form, subtract the powers.  |                                      |                    | b   |                  |  |  |
| This means b <sup>5</sup> ÷b <sup>3</sup> can be simplified to b <sup>2</sup> .  Raising a power to a power   |                                      |                    | С   |                  |  |  |
| To raise a value or variable (letter) presented in index form to another index, multiply the powers together. Eg. $(3^4)^3 = 3^{12}$  |                                      |                    | b   |                  |  |  |
|   |                                      |                    | С   |                  |  |  |
| 3. Summarise it: What is happening in the text you have just read?  |                                      | 4.Question it: Wri | te down 3 questions you have about what you have just read  | 5. Comprehend it |  |  |
|   |                                      | 1.                 |   |                  |  |  |
|   |                                      | 2.                 |   |                  |  |  |
|   | 3                                    |                    |   |                  |  |  |
|   |                                      |                    |   |                  |  |  |

| Yr 8 Maths C1 Monday Week 6 Homework C1 Big Question: 'What are the different laws of indices?' |                                      |                     |   |                  |  |
|---|--------------------------------------|---------------------|---|------------------|--|
| 1: Read it  | 2. Define<br>(the first one has been |                     | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |                  |  |
| In the bustling city of Istanbul, a girl named Aylin  |                                      |                     | b.  |                  |  |
| lived near the ancient bazaar, where colors,  |                                      | -                   |   |                  |  |
| scents, and voices filled the air. Her family owned   |                                      |                     | c.  |                  |  |
| a small shop selling <b>handcrafted</b> ceramics, each  |                                      |                     | b   |                  |  |
| piece painted with intricate patterns passed  |                                      |                     |   |                  |  |
| down through generations. Aylin loved to listen   |                                      |                     | C   |                  |  |
| to her grandmother's stories about  |                                      |                     | b   |                  |  |
| the Ottoman Empire and how their art reflected  |                                      |                     |   |                  |  |
| centuries of history.   |                                      |                     | c   |                  |  |
| One day, Aylin was chosen to represent her  |                                      |                     |   |                  |  |
| school in a cultural exhibition. She decided to   |                                      |                     | b   |                  |  |
| showcase her heritage through a live pottery  |                                      | ŀ                   | c   |                  |  |
| demonstration. Her hands moved with <b>precision</b> ,  |                                      |                     |   |                  |  |
| shaping the clay into a delicate bowl. As she   |                                      |                     | b   |                  |  |
| painted it with <b>geometric</b> designs, she explained   |                                      | -                   |   |                  |  |
| their meanings to the audience with confidence.   |                                      |                     | c   |                  |  |
| Her performance earned applause, but more   |                                      |                     | b   |                  |  |
| importantly, it sparked curiosity about her   |                                      |                     |   |                  |  |
| culture.  |                                      |                     | C   |                  |  |
| 3. Summarise it: What is happening in the text you have just read?                              |                                      | 4.Question it: Writ | e down 3 questions you have about what you have just read   | 5. Comprehend it |  |
|   |                                      | 1.                  |   |                  |  |
|   |                                      | 2.                  |   |                  |  |
|   |                                      | 3                   |   |                  |  |
|   |                                      |                     |   |                  |  |

| Yr 8 Science C1 Mor   | nday Week 6 Hom                      | ework               | C1 Big Question: 'What is speed?'   |                  |
|---|--------------------------------------|---------------------|---|------------------|
| L: Read it The Great Race: Speed, Distance and Time One sunny morning, four friends—Wally the Walker, Ruby the  | 2. Define<br>(the first one has beer | • •                 | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |                  |
| Runner, Cyclo the Cyclist, and Carla the Car—lined up for a fun race!  "Ready, set, GO!" shouted the referee.  Wally walked at 1.5 m/s, taking his time. Ruby ran faster at 3 m/s, while Cyclo zipped along at 6 m/s. But Carla the Car zoomed ahead at a super-fast 25 m/s!  As they moved, Tim the Timer kept track of time, and Dot the Distance-Measurer checked how far each one went.  Tim shouted, "If we know the distance and the time, we can find the speed using the special equation:  Speed = distance ÷ time (s = d ÷ t)!"  Ruby ran 300 meters in 100 seconds, so her speed was 3 m/s.  "Just like my name!" she smiled.  Dot drew a distance—time graph. Carla's line was the steepest—she was the fastest! Wally's line was less steep, and |                                      |                     | b.<br>c.  |                  |
|   |                                      |                     | b   |                  |
|   |                                      | •                   | С   |                  |
|   |                                      |                     | b   |                  |
|   |                                      |                     | C   |                  |
|   |                                      |                     | b<br>c  |                  |
| when Ruby stopped for a water break, her line went <b>flat</b> , showing she was <b>stationary</b> .  At the finish line, everyone cheered. "We all have different  |                                      |                     | b   |                  |
| speeds," said Wally, "but we learned how to measure and compare them!"  And from that day on, the friends never forgot the magic of   |                                      |                     | С   |                  |
| speed, distance, and time.  |                                      |                     | b   |                  |
| 3. Summarise it: What is happening in the text you have just read?  |                                      | 4.Question it: Writ | e down 3 questions you have about what you have just read   | 5. Comprehend it |
|   |                                      | 1.<br>2.<br>3       | ,,,, ,, ,   |                  |

| New<br>Vocabulary | Definition |          | Yr 8 Spellings Week 5-6 Cycle 1 |
|-------------------|------------|----------|---------------------------------|
| 1.                |            | 6.       |                                 |
|                   |            | Sentence |                                 |
| 2.                |            |          |                                 |
|                   |            | Sentence |                                 |
| 3.                |            |          |                                 |
|                   |            |          |                                 |
| 4.                |            | 9.       |                                 |
| Sentence          |            | Sentence |                                 |
| 5.                |            | 10.      |                                 |
|                   |            |          |                                 |

| Yr 8 English C1 Big Question   | Yr 8 English C1 Big Question: 'How can Dystopian fiction help us to better understand the world around us?' |                   |   |                  |  |  |  |
|--|---|-------------------|---|------------------|--|--|--|
| 1: Read it  How can Dystopian Fiction help us to better understand the   | 2. Define It<br>(the first one has been done for you)   |                   | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |                  |  |  |  |
| world around us?   | Examine   |                   | b. If you examine something, you look at it or consider it carefully.   |                  |  |  |  |
| Dystopian fiction helps us understand the world around us by   |   |                   | c. It also pays to carefully examine any medication the patient is taking.  |                  |  |  |  |
| offering a powerful lens through which we can <b>examine</b> real-world issues in exaggerated or futuristic settings. These stories often reflect current social, political, or environmental concerns—such as government <b>surveillance</b> , inequality, climate change, or loss of personal freedoms—by imagining what might happen if these | Surveillance  |                   | b   |                  |  |  |  |
|  |   |                   | С   |                  |  |  |  |
| problems spiral out of control.  | Values  |                   | b   |                  |  |  |  |
| By placing characters in extreme situations, dystopian fiction encourages readers to think critically about the values and   |   |                   | С   |                  |  |  |  |
| systems that shape our lives. It raises important questions: What does it mean to be free? How much control should a government have? What happens when technology is misused? These   | Reflect   |                   | b   |                  |  |  |  |
| questions help us <b>reflect</b> on our own society and consider how we might <b>prevent</b> similar outcomes.   |   |                   | С   |                  |  |  |  |
| Dystopian stories also highlight the importance of resistance, hope, and the human spirit. Characters who challenge oppressive   | Prevent   |                   | b   |                  |  |  |  |
| systems can <b>inspire</b> readers to speak out against injustice and work toward positive change in the real world.   |   |                   | С   |                  |  |  |  |
| In essence, dystopian fiction acts as both a warning and a mirror—showing us what could go wrong, while helping us better  | Inspire   |                   | b   |                  |  |  |  |
| understand what is already happening around us.  |   |                   | С   |                  |  |  |  |
| 3. Summarise it: What is happening in the text you have just read?   |   | 4.Question it: Wr | ite down 3 questions you have about what you have just read   | 5. Comprehend it |  |  |  |
|  |   | 1.                |   |                  |  |  |  |
|  |   | 2.                |   |                  |  |  |  |
|  |   | 3                 |   |                  |  |  |  |
|  |   |                   |   |                  |  |  |  |

| Year 8 ICT Copyright  | C1 Monday Week 8-9                      | Homework Big Question: 'What is Copyright?  |
|---|---|---|
| 1. What is Copyright?   | 2. Clarify It                           | a. Write out the words highlighted in red b. Write the definition for the words highlighted in red c. Attempt to use the word in a sentence |
| <ul> <li>Copyright is a legal right that gives the creator of original work exclusive control over how that work is used. This includes things like:</li> <li>Copying the work</li> <li>Distributing it (selling, sharing, etc.)</li> <li>Performing or displaying it publicly</li> </ul> | Copyright                               |   |
| Creating derivative works (like adaptations or remixes)   | Derivative                              |   |
| It applies to many types of creative works, such as books, music, films, TV shows, photographs, software and websites.  |   |   |
| When using work that isn't your own you should consider:  • Understand fair use (using a creation for educational reasons)  | Fair use                                |   |
| <ul> <li>Find royalty-free or Creative Commons content</li> <li>Get permission from the copyright holder</li> <li>Create your own original content</li> </ul>   | Royalty free                            |   |
| The Copyright, Designs and Patents Act 1988 is the main law governing copyright in the UK. This Act gives creators of original works like books, music, films, software, and art—the legal right to control how their work is used. This includes rights to:                              | Creative Commons                        |   |
| <ul><li>Copy the work</li><li>Distribute it</li><li>Perform or display it publicly</li></ul>  | Copyright, Designs and Pate<br>Act 1988 | nts   |
| •Adapt it (e.g., make a remix or translation)   |   |   |
|   |   | •   |
| 3. Summarise it: What is the main idea in the text you have just read?  |   | 4. Question it: Write down 3 questions you have about the text you have just read  5. Comprehend it   |
| Challenge: Are there any inferences you can make from the information in the  | e text?                                 | 1.<br>2.<br>3   |

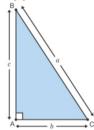
| Yr 8 MFL  | C1 Week Home   | work     | C1 Big Question: '  |                  |
|---|--|----------|---|------------------|
| 1: Read it  Me llamo Andrés y soy de Guatemala. En mi familia hay cinco   | 2. Translate It<br>(the first one has been done for you) |          | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |                  |
| personas: mis padres, mi hermana menor, mi abuela y yo. Mi abuela cocina los mejores tamales, y mi hermana y yo jugamos juntos después de la escuela. |  |          | b.<br>c.  |                  |
| En mi casa hay tres habitaciones, un salón grande, una cocina acogedora y un jardín bonito con muchas plantas. Mi                                     |  |          | b   |                  |
| habitación tiene una cama cómoda y un escritorio donde hago mis deberes. EL salón es el lugar donde mi familia se                                     |  |          | b   |                  |
| reúne para ver películas o hablar.  Antes vivía en una casa más pequeña en el centro de la  |  |          | С   |                  |
| ciudad, pero ahora mi casa está en las afueras, donde hay<br>más <b>tranquilidad</b> y aire fresco.   |  |          | b   |                  |
| Me chifla mi casa porque es espaciosa y luminosa. Además, el jardín es mi lugar favorito porque puedo relajarme y leer allí.                          |  |          | b   |                  |
|   |  |          | С   |                  |
|   |  |          | b   |                  |
|   |  | ı        | С   |                  |
| 3. Summarise it: What is happening in the text you have just read?  |  |          | ite down 3 questions you have about what you have just read   | 5. Comprehend it |
|   |  | 1.<br>2. |   |                  |
|   |  | 3        |   |                  |
|   |  |          |   |                  |

2. Define It

### 1: Read it

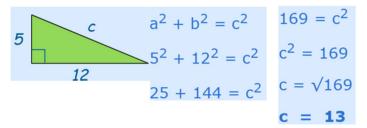
Pythagoras' theorem states that for all right-angled triangles: The **square** of the **hypotenuse** is equal to the **sum** of the squares on the other two sides.

The hypotenuse is the longest side and it's always opposite the right angle.



In this triangle  $a^2=b^2+c^2$  and angle A is a right angle.

If you know the length of the hypotenuse and one of the other sides, you can use Pythagoras' theorem to find the length of the third side by **substituting** the known sides into the **formula**.



| ;:<br> | (the first one has been done for you) | b. Write the definition for the words highlighted in red c. Attempt to use the word in a sentence |                  |
|--------|---------------------------------------|---|------------------|
|        |                                       | b.  |                  |
|        |                                       | c.  |                  |
|        |                                       | b   |                  |
|        |                                       | С   |                  |
|        |                                       | b   |                  |
|        |                                       | С   |                  |
|        |                                       | b   |                  |
|        |                                       | С   |                  |
|        |                                       | b   |                  |
|        |                                       | С   |                  |
|        |                                       | b   |                  |
|        |                                       | С   |                  |
|        | 4.Question it: Wi                     | ite down 3 questions you have about what you have just read                                       | 5. Comprehend it |

a. Write out the words highlighted in red

| 3. Summarise it: What is happening in the text you have just read? | 4.Question it: Write down 3 questions you have about what you have just read | 5. Comprehend it |
|--|--|------------------|
|  | 1.   |                  |
|  | 2.   |                  |
|  | 3  |                  |
|  |  |                  |

| Year 8 ICT GDPR C1 Monday Week 10-11 Homework Big Question: 'What is the GDPR?   |   |                                      |   |   |  |
|--|---|--------------------------------------|---|---|--|
| 1. What is GDPR? The General Data Protection Regulation (GDPR) is a law that governs   |   | 2. Clarify<br>(the first one has bee | / It<br>n done for you)                                       | a. Write out the words highlighted in red b. Write the definition for the words highlighted in red c. Attempt to use the word in a sentence |  |
| how personal data must be handled. In the UK, it is known as the <b>UK GDPR</b> , which works alongside the <b>Data Protection Act 2018</b> .  It protects individuals' personal data and gives them more control over   |   |                                      |   |   |  |
| how it's used by organisations.  Organisations must ensure per  Used lawfully, fairly, and tran  |   |                                      |   |   |  |
| <ul> <li>Collected for specific, legitima</li> <li>Accurate and up to date</li> <li>Kept only as long as necessary</li> </ul>  |   |                                      |   |   |  |
| <ul> <li>Handled securely</li> <li>You have the right to:</li> <li>Access your personal data</li> </ul>  | ,   |                                      | -   |   |  |
| <ul> <li>Correct inaccurate data</li> <li>Have your data erased ("right</li> <li>Restrict or object to how your</li> </ul>   |   |                                      |   |   |  |
| Move your data between serv  Standard Maximum Penalty  | vices (data portability)  Higher Maximum Penalty                            |                                      |   |   |  |
| Up to £8.7 million or 2% of the total annual worldwide turnover Applies to less serious issues: Administrative failures Not keeping records properly Not reporting data breaches  Up to £17.5 million or 4% of the total annual worldwide turnover Applies to serious violations, such as: Breaching core data protection principles |   |                                      | -   |   |  |
|  |   |                                      |   |   |  |
| on time.   | Failing to obtain proper consent Mishandling international data transfers . |                                      |   |   |  |
| 3. Summarise it: What is the main  |   | 4.Question it: Writ                  | e down 3 questions you have about the text you have just read | 5. Comprehend it  |  |
| Challenge: Are there any inferences you can make from the information in the text?   |   |                                      | 1.<br>2.<br>3   |   |  |

| Yr 8 Science C1 Monday Week 7 Homework C1 Big Question: 'What is acceleration?'   |                                      |                                   |   |                  |
|---|--------------------------------------|-----------------------------------|---|------------------|
| 1: Read it Sky Dive Sam was finally ready for his first jump from a plane. "Here I go!" he shouted, leaping out into the sky!   | 2. Define<br>(the first one has beer |                                   | <ul> <li>a. Write out the words highlighted in red</li> <li>b. Write the definition for the words highlighted in red</li> <li>c. Attempt to use the word in a sentence</li> </ul> |                  |
| <b>Stage 1:</b> At first, Sam fell <b>fast</b> ! His <b>weight</b> pulled him down hard, but there wasn't much <b>air resistance</b> yet. The forces weren't balanced, so Sam <b>accelerated</b> , falling faster and faster.   |                                      |                                   | b.<br>c.  |                  |
| Stage 2: As Sam sped up, the wind pushed harder against him. "Whoa! That's strong air!" he shouted. The air resistance increased, slowing his acceleration a bit. He was still falling faster,  |                                      |                                   | c c   |                  |
| Stage 3: Soon, the wind pushing up was just as strong as Sam's weight pulling him down. The forces were balanced, so Sam stopped speeding up. He was falling at a steady speed called   |                                      |                                   | b<br>c  |                  |
| <b>terminal velocity.</b> "This feels amazing!" he yelled. <b>Stage 4:</b> Then—whoosh!—Sam pulled his <b>parachute</b> ! It opened wide, giving him a much bigger surface area. The <b>air resistance shot up</b> , now stronger than his weight. The force now pushed <b>up</b> , |                                      |                                   | b   |                  |
| and Sam began to <b>slow down</b> . <b>Stage 5:</b> As he <b>decelerated</b> , the air resistance started to <b>decrease</b> . Soon, the air resistance and his weight were <b>equal again</b> , and Sam  |                                      |                                   | b b   |                  |
| fell gently at a new, slower <b>terminal velocity</b> .  He landed safely on the ground with a big smile. "What a ride!  Science is awesome!" he said, giving his parachute a high five   |                                      |                                   | c<br>b  |                  |
|   |                                      |                                   | с   |                  |
| 3. Summarise it: What is happening in the text you have just read?  |                                      | 4.Question it: Write              | e down 3 questions you have about what you have just read   | 5. Comprehend it |
|   |                                      | <ol> <li>2.</li> <li>3</li> </ol> |   |                  |

| New<br>Vocabulary | Definition |          | Yr 7 Spellings Week 13 Cycle 3 |
|-------------------|------------|----------|--------------------------------|
| 1.                |            | 6.       |                                |
|                   |            | Sentence |                                |
| 2.                |            |          |                                |
|                   |            | Sentence |                                |
| 3.                |            |          |                                |
|                   |            | Sentence |                                |
| 4.                |            | 9.       |                                |
| Sentence          |            | Sentence |                                |
| 5.                |            | 10.      |                                |
|                   |            |          |                                |

| Date | Title of book | read | Carer | Tutor | Date | Title of book | read | Carer | Tutor |
|------|---------------|------|-------|-------|------|---------------|------|-------|-------|
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|      |               |      |       |       |      |               |      |       |       |
|      |               |      |       |       |      |               |      |       |       |

| WEEK 2           |   |
|------------------|---|
| 1. tertiary      | A job type which involves providing a service.                            |
| 2. composition   | The way elements of artwork are <b>arranged</b> or <b>combined</b> .      |
| 3. monotheism    | Belief in <b>one</b> God.   |
| 4. patriarchal   | Ruled or controlled by men.   |
| 5. flammable     | Sets on fire easily.  |
| 6. precipitation | Any form of water falling from the sky.                                   |
| 7. hypothesis    | A <b>prediction</b> about what you think will happen in an investigation. |
| 8. exodus        | A journey.  |
| 9. protagonist   | Main character in a narrative.  |
| 10. integer      | A whole number (not a fraction)   |

| WEEK 3            |  |
|-------------------|--|
| 1. identity       | Characteristics determining who or what something is.            |
| 2. pathogens      | Bacteria such as food poisoning bacteria.                        |
| 3. chronology     | Historical events in the correct order.                          |
| 4. misinformation | A deliberate <b>lie</b> to mislead somebody.                     |
| 5. melody         | The main 'tune' of the song that you could sing to               |
| 6. segregation    | Separating people based on race, class and social factors.       |
| 7. progression    | Getting better.  |
| 8. faith          | Having trust in someone.   |
| 9. Monarchy       | Country where the Head of State is <b>King</b> or <b>Queen</b> . |
| 10. molecule      | A group of atoms chemically joined together.                     |

# **CYCLE 1 SPELLINGS**

| WEEK 4        |   |
|---------------|---|
| 1. empathy    | Ability to understand and feel others' emotions.                                |
| 2. century    | Time span of 100 years  |
| 3. hoax       | A <b>trick</b> in which someone tells people a lie.                             |
| 4. harmony    | Chords that support the melody  |
| 5. covenant   | A serious promise.  |
| 6. regression | Getting worse.  |
| 7. accent     | The way of pronouncing words associated with an area or place.                  |
| 8. mixtures   | Two or more substances <b>mixed</b> together but <b>not chemically joined</b> . |
| 9.dialogue    | The <b>spoken</b> script on stage.  |
| 10. source    | Evidence made at the time of an historical event.                               |

| WEEK 5         |   |
|----------------|---|
| 1. activist    | Someone who is active in <b>political</b> and <b>social</b> causes. |
| 2. decade      | Time span of 10 years.  |
| 3. domain      | A website name.   |
| 4. conductor   | Leads the orchestra and any other large ensemble.                   |
| 5. stewardship | To look after the world and each other.                             |
| 6. faith       | Having trust in someone.  |
| 7. prejudice   | A <b>preconceived</b> opinion not based on reason or experience.    |
| 8. corrosive   | Destroys living tissue such as skin and eyes                        |
| 9. culture     | Ideas, customs and social behaviour of a group of people.           |
| 10. ensemble   | A musical group e.g. orchestra, brass band, choir.                  |

| WEEK 6            |  |
|-------------------|--|
| 1. injustice      | Unfair behaviour or treatment                            |
| 2. Millennium     | Time span of 1000 years.                                 |
| 3. bias           | Feeling or prejudice for or against one person or group. |
| 4. orchestra      | A large ensemble of musicians playing instruments.       |
| 5. polytheist     | Believing in many Gods.                                  |
| 6. colloquial     | Informal language used in conversation.                  |
| 7. opinion        | A view or judgement formed about something.              |
| 8. gesture        | An expression or movement of the body.                   |
| 9. interpretation | Evidence showing an opinion on an event.                 |
| 10. atom          | A tiny particle.   |

| WEEK 7         |   |
|----------------|---|
| 1. status      | The level of society a character is in.                           |
| 2. democracy   | System where people can <b>vote</b> for the government.           |
| 3. tension     | Where the mood atmosphere in a novel is strained.                 |
| 4. heritage    | Range of inherited traditions / cultures.                         |
| 5. systemic    | Implies problems are rooted in the way systems are set up.        |
| 6. development | The process of a county improving over time.                      |
| 7. migration   | People moving around.   |
| 8. monologue   | One person delivering a speech or their thoughts to the audience. |
| 9. intonation  | Variation of spoken pitch.  |
| 10. liberty    | State of being free from oppression.                              |

# **CYCLE 1 SPELLINGS**

| WEEK 8           |  |
|------------------|--|
| 1. tertiary      | A job type which involves providing a service.                   |
| 2. composition   | The way elements of artwork are arranged or combined.            |
| 3. monotheism    | Belief in one God.   |
| 4. patriarchal   | Ruled or controlled by men.                                      |
| 5. flammable     | Sets on fire easily.   |
| 6. precipitation | Any form of water falling from the sky.                          |
| 7. hypothesis    | Prediction about what you think will happen in an investigation. |
| 8. exodus        | A journey.   |
| 9. protagonist   | Main character in a narrative.                                   |
| 10. integer      | A whole number (not a fraction)                                  |
|                  |  |

| WEEK 9            |  |
|-------------------|--|
| 1. identity       | Characteristics determining who or what something is.      |
| 2. pathogens      | Bacteria such as food poisoning bacteria.                  |
| 3. chronology     | Historical events in the correct <b>order.</b>             |
| 4. misinformation | A deliberate lie to mislead somebody.                      |
| 5. melody         | The main 'tune' of the song that you could sing to         |
| 6. segregation    | Separating people based on race, class and social factors. |
| 7. progression    | Getting better.  |
| 8. faith          | Having trust in someone.                                   |
| 9. Monarchy       | Country where the Head of State is King or Queen.          |
| 10. molecule      | A group of atoms chemically joined together.               |

| WEEK 10       |  |
|---------------|--|
| 1. empathy    | Ability to understand and feel others' emotions.               |
| 2. century    | Time span of 100 years   |
| 3. hoax       | A trick in which someone tells people a lie.                   |
| 4. harmony    | Chords that support the melody                                 |
| 5. covenant   | A serious promise.   |
| 6. regression | Getting worse.   |
| 7. accent     | The way of pronouncing words associated with an area or place. |
| 8. mixtures   | Two or more substances mixed but not chemically joined.        |
| 9.dialogue    | The spoken script on stage.                                    |
| 10. source    | Evidence made at the time of an historical event.              |

| WEEK 11        |   |
|----------------|---|
| 1. activist    | Someone who is active in <b>political</b> and <b>social</b> causes. |
| 2. decade      | Time span of 10 years.  |
| 3. domain      | A website name.   |
| 4. conductor   | Leads the orchestra and any other large ensemble.                   |
| 5. stewardship | To look after the world and each other.                             |
| 6. faith       | Having trust in someone.  |
| 7. prejudice   | A <b>preconceived</b> opinion not based on reason or experience.    |
| 8. corrosive   | Destroys living tissue such as skin and eyes                        |
| 9. culture     | Ideas, customs and social behaviour of a group of people.           |
| 10. ensemble   | A musical group e.g., orchestra, brass band, choir.                 |

# **CYCLE 1 SPELLINGS**

| WEEK 12           |  |
|-------------------|--|
| 1. injustice      | Unfair behaviour or treatment                            |
| 2. Millennium     | Time span of 1000 years.                                 |
| 3. bias           | Feeling or prejudice for or against one person or group. |
| 4. orchestra      | A large ensemble of musicians playing instruments.       |
| 5. polytheist     | Believing in many Gods.                                  |
| 6. colloquial     | Informal language used in conversation.                  |
| 7. opinion        | A view or judgement formed about something.              |
| 8. gesture        | An expression or movement of the body.                   |
| 9. interpretation | Evidence showing an <b>opinion</b> on an event.          |
| 10. atom          | A tiny particle.   |

| WEEK 13        |   |
|----------------|---|
| 1. status      | The level of society a character is in.                           |
| 2. democracy   | System where people can <b>vote</b> for the government.           |
| 3. tension     | Where the mood atmosphere in a novel is strained.                 |
| 4. heritage    | Range of inherited traditions / cultures.                         |
| 5. systemic    | Implies problems are rooted in the way systems are set up.        |
| 6. development | The process of a county improving over time.                      |
| 7. migration   | People moving around.   |
| 8. monologue   | One person delivering a speech or their thoughts to the audience. |
| 9. intonation  | Variation of spoken pitch.  |
| 10. liberty    | State of being free from oppression.                              |

| WEEK 2  | WEEK 3  | WEEK 4 | WEEK 5  | WEEK 6  |
|---------|---------|--------|---------|---------|
| 1.      | 1.      | 1.     | 1.      | 1.      |
| 2.      | 2.      | 2.     | 2.      | 2.      |
| 3.      | 3.      | 3.     | 3.      | 3.      |
| 4.      | 4.      | 4.     | 4.      | 4.      |
| 5.      | 5.      | 5.     | 5.      | 5.      |
| 6.      | 6.      | 6.     | 6.      | 6.      |
| 7.      | 7.      | 7.     | 7.      | 7.      |
| 8.      | 8.      | 8.     | 8.      | 8.      |
| 9.      | 9.      | 9.     | 9.      | 9.      |
| 10.     | 10.     | 10.    | 10.     | 10.     |
|         | ·       | •      | ·       | ·       |
| WEEK 7  | WEEK 8  | WEEK 9 | WEEK 10 | WEEK 11 |
| 1.      | 1.      | 1.     | 1.      | 1.      |
| 2.      | 2.      | 2.     | 2.      | 2.      |
| 3.      | 3.      | 3.     | 3.      | 3.      |
| 4.      | 4.      | 4.     | 4.      | 4.      |
| 5.      | 5.      | 5.     | 5.      | 5.      |
| 6.      | 6.      | 6.     | 6.      | 6.      |
| 7.      | 7.      | 7.     | 7.      | 7.      |
| 8.      | 8.      | 8.     | 8.      | 8.      |
| 9.      | 9.      | 9.     | 9.      | 9.      |
| 10.     | 10.     | 10.    | 10.     | 10.     |
|         |         | •      |         |         |
| WEEK 12 | WEEK 13 |        | NOTES   |         |
| 1.      | 1.      |        |         |         |
| 2.      | 2.      |        |         |         |
| 3.      | 3.      |        |         |         |
| 4.      | 4.      |        |         |         |
| 5.      | 5.      |        |         |         |
| 6.      | 6.      |        |         |         |
| 7.      | 7.      |        |         |         |
| 8.      | 8.      |        |         |         |
| 9.      | 9.      |        |         |         |
| 10.     | 10.     |        |         |         |

| Cycle 1 | SUBJECT | ENGLISH | TOPIC(S) | READING AND LANGUAGE DEVICES | YEAR GROUP | 8 |  |
|---------|---------|---------|----------|------------------------------|------------|---|--|
|         |         |         |          |                              |            |   |  |

| Language device and definition.   | What is the effect?  | Language device and definition.   | What is the effect?   |
|---|--|---|---|
| Metaphor - a figure of speech containing an implied comparison, in which a word or phrase ordinarily and primarily used of one thing is applied to another (Ex.: the curtain of night, "all the world's a stage") | It is important to link what the metaphor might be saying about the situation. Consider how the atmosphere/mood is emphasised by the use of this device. What does the metaphor express - it is best to think about what the metaphor means simply to show your understanding.   | Hyperbole - over exaggeration. Not supposed to be taken seriously. E.g., I'm so hungry I could eat a horse. I am freezing to death. If I don't do it now, I'll die. | Hyperbole can be used in different ways. Newspapers often use hyperbole to 'sensationalise' a situation—making it worse for dramatic effect. Hyperbole might be used for humour as well. Writer's might use this ironically to poke fun at a situation. In creative writing, hyperbole can tell us certain things about a character and what they're like as a person.  |
| Simile - comparing something to something else using 'like' or 'as'   | The comparison might be humorous and is there to make you laugh. On the other hand, the imagery that's used might be unpleasant. It's best to link this to purpose and tone.   | Emotive language - language to appeals to the emotions. The deliberate choice of words to elicit emotion (usually to influence).                                    | Emotive language creates an emotional response within the reader. This engages us more with the text as we can feel 'empathy' or 'sympathy' towards a certain situation or cause. The text might make us feel something we never felt before and raises our awareness towards situations, events or people.   |
| Tone - the general attitude of a piece of writing.  | Tone can be divided into different feeling or emotions. The most common tones to look out for are positive/negative. Look at how the writer uses specific words to create the tone and why you think that tone is used.  | Semantic Field—when a group of words relate to the same topic/theme/subject. E.g., Pain, death, loss, hate are a negative semantic field.                           | Semantic field helps create atmosphere and tone. The use of certain words can create a specific field—it is important that you decided what the 'field' is—don't overuse 'positive' and 'negative' - think specifically, what is the tone of the writing and how does the field add to it? E.g., A semantic field of disgust, decay, happiness, devotion, calmness, hope, loss.   |
| Personification- the attribution of a personal nature or human characteristics to something non-human, or the representation of an abstract quality in human form.  | Personification can make something come to life and can be used by writers to add to the atmosphere of the piece. It is important to link the overall theme/mood of the text to your analysis. Consider why personification is used in that moment. Why is the writer trying to make that object or thing appear real? | Connotations—words/thoughts/feelings<br>associated with another word. E.g., The<br>connotations of winter are snow, coldness,<br>happiness, Christmas.              | Connotations will help you analyse the writer's word choice/s. It is important to think about the connotations of words as you can link this to the overall tone/attitude of the piece. Doing this will also help you understand the effectiveness of word choice and what that word is supposed to evoke within you. You can also comment on the effectiveness by discussing why a specific word is used instead of another. |

#### CONTEXT AND WRITER'S INTENTIONS

Writing in an era following WW2 known as the 'atomic age,' Golding tapped into a widespread cultural panic over nuclear destruction and man's capacity for warfare in Lord of the Flies. After the first atomic bombs were detonated over Japan at the end of the war in 1945, the Soviet Union and the United States began building their nuclear arsenals, leading many people to fear apocalyptic nuclear conflict. The Soviet Union and the United States engaged in a policy of brinksmanship that would come to be known as the Cold War.

As a member of the British Navy during the Second World War, Golding had been the captain of a ship that assisted in the invasion at Normandy, or D-Day, when the allies invaded Nazi occupied France, and this experience directly informed his view of man's capacity for cruelty. Golding wrote "before the Second World War I believed in the perfectibility of social man.... but after the war I did not because I was unable to. I had discovered what one man could do to another..." Following the war, Golding worked as a headmaster at a boys' school, which influenced his writing as well. By setting his story among schoolboys, rather than grown men fighting an actual war, he made his themes of brutality and the breakdown of civilization innate and inevitable. He intended his novel to be a direct warning about the specific dangers of nuclear proliferation, but his editor at Faber and Faber, Charles Monteith, edited out a lengthy beginning describing a nuclear war that sets the plot in motion, leaving the sense of global apoca-

Golding also uses LOTF to criticise the totalitarian regimes rising up in the East. In the 1950s, the Soviet Union was ascendant, and Western countries began learning about Soviet gulags for political dissenters, their violent political purges, and the breadth of the Soviet government's domestic power. At the same time, awareness grew of the holocaust in Nazi Germany and the fascist regime that perpetrated it. Golding was particularly interested in "groupthink," a term coined by George Orwell in 1984 to describe how essentially good people are able, through coercion and fear, to excuse or enable injustice.

Both William Golding and his fictional characters were familiar with Robinsonades, a 19th century genre that took its name from Daniel Defoe's desert island novel, Robinson Crusoe. Written in the eighteenth century, Robinson Crusoe is an adventure tale about a shipwrecked sailor who survives by his wits for several years before finally returning home to England. Writers as influential and varied as Edgar Allen Poe, Herman Melville, and Goethe wrote novels about sea faring adventures that pitted man against the elements. For Golding, though, the most influential Robinsonade was R.M. Ballantyne's 1858 novel, The Coral Island: A Tale of the Pacific Ocean, a novel about three British schoolboys marooned on an island who show bravery and valour in a series of adventures and conquests. Golding said in interviews that this novel was a boyhood favourite of his, and was part of the inspiration for Lord of the Flies.

The first use of atomic weapon—Hiroshima and Nagasaki in Japan—in 1945—is a key background to the novel. It was now quite possible that civilisation could be completely destroyed by a single conflict. In 1949 the Cold War began when the Soviet Union detonated its first A-bomb. This was an ideological battle between belief systems. Many people were accused on being Communists and a climate of fear prevailed.

#### Predict

Making predictions about a text includes what themes and feelings you think will arise and using your prior knowledge to consider what may happen to characters or in the plot.

#### Clarify

Clarifying words based off what you know about the text and the context of the sentence is useful in aiding full comprehension.

#### **Ouestion**

Posing different questions about a text allows us to consider why the author chose to reveal or withhold certain information and to test our comprehension skills.

#### Summarise

Summarising is a skill that texts our full and holistic understanding of a text.

#### Vocabulary

Savagery - the quality of being fierce or cruel

Morality – principles concerning the distinction between right and wrong or good and bad behaviour

Humanity – the quality of being humane; benevolence and kind. A feeling of fellowship and the state of being human

Disorder – a state of confusion or the breakdown of peaceful and law-abiding public behaviour

Corruption – dishonest or fraudulent behaviour from those in power or the action/effect of making something morally depraved

| Cycle 1 | SUBJECT MATHS | TOPIC(S) Probability and Statistics | YEAR GROUP 8 |  |
|---------|---------------|-------------------------------------|--------------|--|
|---------|---------------|-------------------------------------|--------------|--|

# Section 1 - Probability

| PROBABILITY                    |  |
|--------------------------------|--|
| probability                    | the likelihood or chance of something happening it is given on a scale between 0 (impossible) and 1 (certain), and can be a fraction, decimal, or sometimes a percentage |
| theoretical<br>probability     | the probability of something in theory   |
| relative<br>frequency          | the <b>probability</b> of something worked out from <b>real life data</b> , also called empirical probability  |
| experiment<br>(in probability) | when a number of trials are conducted to determine<br>the probability of an event  |
| event                          | one possible outcome in a probability experiment, e.g. getting a 6 on a die  |
| expectation                    | what you predict will happen in a probability experiment, you multiply the probability by the number of trials   |

# Section 3 - Probability notation & diagrams

| PROBABILITY NOTATION |   |  |
|----------------------|---|--|
| P(A) =               | the probability of an event A =                                   |  |
|                      | the probability that event A will not occur = the complement of A |  |

| REPRESENTING PROBABILITIES |  |    |
|----------------------------|--|----|
| sample space               | the set of all possible outcomes of an experiment  |    |
| probability<br>tree        | a diagram shaped like a tree used<br>to display a sample space by using<br>one branch for each possible<br>outcome | << |

## Section 2 - Probability terminology

| LIKELIHOOD VOCABULARY |  |  |
|-----------------------|--|--|
| impossible            | when there is <b>no chance</b> – it will not happen an outcome with a <b>probability of 0</b>                    |  |
| unlikely              | when it will <b>probably not happen</b> an outcome with a <b>probability between 0</b> and <b>0.5</b>            |  |
| even                  | when there is an equal chance of something<br>happening or not happening<br>an outcome with a probability of 0.5 |  |
| likely                | when it will <b>probably happen</b> an outcome with a <b>probability between 0.5</b> and <b>1</b>                |  |
| certain               | when it is inevitable – it will definitely happen an outcome with a probability of 1                             |  |
| fair                  | when all outcomes are equally likely   |  |
| bias                  | when something is not fair   |  |

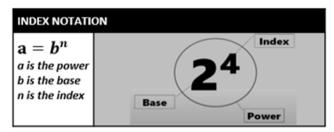
# Section 4 - Averages

| AVERAGES AND SPREAD |  |  |
|---------------------|--|--|
| mean                | add up all the amounts, and then divide the total by the number of amounts   |  |
| mode                | the value which occurs the most  |  |
| median              | the middle value. Method: put the data in<br>numerical order, cross off from the beginning and<br>end until you find the middle value<br>if there are two middle values, find half-way<br>between them |  |
| range               | largest value – smallest value<br>the spread of the data   |  |

# Section 5 - Frequency diagrams

| DISPLAYING C                       | ATEGORICAL DATA  |  |
|------------------------------------|--|--|
| data                               | a collection of information<br>a set of numbers giving information about a<br>context  |  |
| frequency                          | the <b>number of times</b> an evoccurs   | vent or a value  |
| frequency<br>table                 | usually a tally, showing the<br>totals of data<br>collect data using this<br>before displaying it in a<br>chart  | Country Frequency France 3 Waies 4 England 11  |
| bar chart                          | the height of the bars<br>represents the<br>frequency (y-axis), x-axis<br>is the thing we are<br>measuring, there are<br>gaps between bars, all<br>bars are equal width and<br>axes are labelled | Number of jets owned   |
| comparative<br>/ dual bar<br>chart | a bar chart showing data<br>side by side<br>good for comparing data  | Rainfall  Application  Applicat |
| pictogram                          | each picture represents<br>a set frequency<br>it has a key to tell you<br>what each picture is<br>worth  | Black A A A A A A A A A A A A A A A A A A A  |

# Section 6 - Index notation/laws



| INDEX LAWS: MULTIPLICATION AND DIVISION   |   |  |
|---|---|--|
|   | when the <b>base</b> is the <b>same</b> , we use the following laws when multiplying and dividing |  |
| multiplying                               | add the powers e.g. $a^m \times a^n = a^{m+n}$  |  |
| dividing                                  | subtract the powers e.g. $a^m \div a^n = a^{m-n}$   |  |
| raising a<br>power by<br>another<br>power | multiply the powers e.g. $(a^m)^n = a^{mn}$   |  |

### Section 8 - Pythagoras

| Pythagoras's Theorem   |   |
|------------------------|---|
| Pythagoras'<br>theorem | a relationship between the 3 sides on a right angled triangle |
| Pythagoras'<br>theorem | $a^2 + b^2 = c^2$ 'c' is always the hypotenuse                |

## Section 7 - Powers & roots

| SQUARES AND ROOTS             |  |  |
|-------------------------------|--|--|
| index                         | tells us how many times to use the number in a repeated multiplication |  |
| root<br>(fractional<br>index) | the inverse of an index  |  |

| POSITIVE INTEGER POWERS |   |
|-------------------------|---|
| square<br>numbers       | the answer when you multiply a number by itself: n² 1, 4, 9, 16, 25, 36, 49, 64, 81, 100, 121, 144                                    |
| cube<br>numbers         | the answer when you multiply a number by itself, and then by itself again :n <sup>3</sup> 1, 8, 27, 64, 125, 216, 343, 512, 729, 1000 |
| powers of 10            | 10 <sup>n</sup><br>10, 100, 1000, 10 000, 100 000   |

### Section 9 - Standard form

| STANDARD FORM: NOTATION |  |  |
|-------------------------|--|--|
| notation                | allows us to write very large or very small<br>numbers without lots of zeros<br>numbers written in the form A x 10 <sup>n</sup><br>'A' is between 1 and 10<br>'n' is any integer |  |
| 'n' is positive         | large number (≥ 1)   |  |
| 'n' is negative         | small number (< 1)   |  |

## Section 10 - Types

| MULTIPLES, FAC  | TORS AND PRIME NU  | MBERS  |
|---|--|--|
| multiple  | the result of <b>multiplying</b> a number by an integer, e.g. the 3 <sup>rd</sup> multiple of 7 is 21  |  |
| lowest<br>common<br>multiple (LCM)                      | the lowest common number in the multiplication tables of two or more different numbers   |  |
| factor  | a quantity which divides equally into a number, e.g. factors of 8 are 1, 2, 4 and 8  |  |
| highest<br>common factor<br>(HCF)                       | the <b>highest factor</b> which belongs to two or more numbers   |  |
| prime number  | an integer greater than 1 that has exactly two factors, 1 and itself 2, 3, 5, 7, 11, 13, 17, 19, 23, 29, 31                                  |  |
| prime factor  | a factor of a number which is also prime   |  |
| decomposition   | to break something down  |  |
| product of<br>prime factors<br>(prime<br>factorisation) | a set of <b>prime</b><br>factors which<br><b>multiply</b> to give a<br>number  | e.g. prime factor tree  2 2 6 2 3 12 = 2 x 2 x 3 or 2 <sup>2</sup> x 3 |
| unique<br>factorisation<br>theorem                      | the fundamental theorem of arithmetic Each integer can be written as a unique product of prime factors. This is why 1 is not a prime number. |  |

| 1. Food Groups                              |  |
|---|--|
| Carbohydrate                                | Main source of energy.   |
| Lipids (fats and oils)                      | Act as a store of energy. Body fat keeps us warm.  |
| Proteins                                    | For growth and repair.   |
| Vitamins & Minerals                         | Needed in small amounts to maintain health. E.g. calcium for strong bones and teeth, iron for red blood cells. |
| Water                                       | Needed for chemical reactions in cells.  |
| Fibre                                       | Helps food move through the gut. Prevents constipa-<br>tion.   |
| Factor that affect energy requirements      | Age, gender  |
| Consequences of im-<br>balances in the diet | obesity, starvation and deficiency diseases  |

| 2. Digestive System        |   |  |
|----------------------------|---|--|
| Enzymes                    | Chemicals that <b>break down</b> food into <b>smaller soluble</b><br><b>molecules</b> so that they can be <b>absorbed</b> into the<br><b>blood.</b> |  |
| Mouth                      | <b>Teeth chew</b> food and mix it with <b>saliva</b> . Saliva contains <b>enzymes</b> that digest <b>carbohydrates</b> .                            |  |
| Oesophagus                 | Connects the mouth to the stomach.  |  |
| Stomach                    | Food is churned in hydrochloric acid which kills bacteria. Enzymes digest proteins.   |  |
| Small Intestine            | Enzymes digest carbohydrates, lipid and proteins. Food is absorbed into the blood.  |  |
| Large Intestine            | Water is absorbed into the blood.   |  |
| Rectum                     | Undigested food is compacted and stored as faeces<br>then leaves the body through the anus.   |  |
| Role of good bacte-<br>ria | protect us against harmful bacteria and to prevent infection  |  |

| 3. Respiratory System       |  |
|-----------------------------|--|
| Trachea                     | Windpipe that carries air into the lungs. Splits into two tubes called the bronchi, then smaller tubes called bronchioles. |
| Alveoli                     | Small air sacs where gas exchange occurs. Oxygen diffuses into the blood. Carbon dioxide diffuses into the alveoli.        |
|                             | Many small alveoli -> give a large surface area.   |
| Adaptations of              | Moist -> allows gases to dissolve.   |
| Alveoli for Gas<br>Exchange | Thin walls -> gases do not have far to travel.   |
|                             | Good <b>blood supply</b> -> maintains <b>steep</b> concentration gradient.   |
| Diaphragm                   | Sheet of muscle under the ribcage.   |
| Breathing In                | Diaphragm contracts and moves down. Ribs move up and   |
|                             | out. Lung volume increases, pressure decreases, air goes in.   |
| Breathing Out               | Diaphragm relaxes and moves up. Ribs move in and down.<br>Lung volume decreases, pressure increases, air goes out.         |

| Skeletal and Muscular Systems         |  |  |
|---------------------------------------|--|--|
| Skeletal<br>System                    | Allows movement, holds us upright and protects organs.   |  |
| Muscular<br>System                    | Muscles contract and pull on bones to allow movement.  |  |
| Joint                                 | Where two <b>bones join together</b> . The ends of the bones are covered in <b>cartilage</b> and <b>synovial fluid</b> lubricates the joint. |  |
| Ligament                              | Elastic tissue that joins two bones together.  |  |
| Tendon                                | Inelastic tissue that joins a muscle to a bone.  |  |
| Antagonistic<br>Muscles               | Muscles that work in pairs. When one contracts, the other relaxes.   |  |
| Functions of<br>the human<br>skeleton | support, protection, movement and making blood cells   |  |
| Biomechanics                          | the interaction between skeleton and muscles, including the measurement of force exerted by different muscles                                |  |

| 1 - Mass and Weight             |  |  |  |
|---------------------------------|--|--|--|
| Mass                            | Measure of the amount of <b>material</b> something is made up of.<br>Mass is the <b>same</b> on all <b>planets</b> .         |  |  |
| Measuring Mass                  | Use a mass balance.  |  |  |
| Units for Mass                  | Kilograms (kg)   |  |  |
| Weight                          | Measure of the force on something due to gravity. Changes depending on which planet you are on.                              |  |  |
| Measuring<br>Weight             | Use a Newton meter.  |  |  |
| Units for Weight                | Newtons (N)  |  |  |
| Equation                        | Weight = mass x gravitational field strength (W = m x g)   |  |  |
| Gravitational<br>Field Strength | Strength of gravity on a planet. On Earth, g = 10 N/kg.  |  |  |
| 2 - Stretching Sp               | 2 - Stretching Springs   |  |  |
| Deformation                     | Changing the shape of an object – stretching, compressing or bending. Requires at least two forces.                          |  |  |
| Elastic                         | The object returns to its original size and shape once the forces  |  |  |
| Deformation                     | are removed.   |  |  |
| Inelastic                       | The object does not return to its original size and shape once the   |  |  |
| Deformation                     | forces are removed.  |  |  |
| Hooke's Law                     | The extension of a stretched spring is directly proportional to the force applied to it, up to the limit of proportionality. |  |  |
| Directly                        | Shown on a graph by the line of best fit being a straight line   |  |  |
| Proportional                    | through the origin. If one variable doubles, the other doubles.  |  |  |
| Force –<br>Extension<br>Graphs  | Plot force on the y axis, extension on the x axis. The steeper the line, the stiffer the spring.                             |  |  |
| Equation                        | Force = spring constant x extension (F = k x e)  |  |  |

| 3 - Speed, Distance and Time |  |  |
|------------------------------|--|--|
| Equation                     | speed = distance / time (s = d/t)  |  |
| Units                        | speed = m/s distance = m time = s  |  |
| Typical speed values         | Walking = 1.5 m/s, Running = 3 m/s, Cycling = 6 m/s,<br>Car = 25 m/s, Sound (in air) = 330 m/s   |  |
| Converting<br>Distances      | 1 m = 100 cm, 1 km = 1000 m  |  |
| Converting Times             | 1 minute = 60 s, 1 hour = 60 minutes   |  |
| Distance – Time<br>Graphs    | Straight diagonal line = constant speed Steeper line = faster speed Flat horizontal line = stationary  |  |
| 4 - Terminal Velocit         | y for a Sky Diver (Don't draw diagrams)  |  |
| Stage 1                      | Weight is much greater than air resistance. Resultant force acting down. Sky diver accelerates as he falls.  |  |
| Stage 2                      | As sky diver accelerates, air resistance increases.  Resultant force is less but still acts down.  Sky diver still accelerates but at a slower rate.           |  |
| Stage 3                      | Air resistance is now equal to the weight. Forces are balanced – no resultant force. Sky diver falls at a constant speed known as terminal velocity.           |  |
| Stage 4                      | Air resistance now greater than weight as parachute provides a larger surface area.  Resultant force now acts up.  Sky diver is still falling but decelerates. |  |
| Stage 5                      | As sky diver decelerates, air resistance decreases. Forces are balanced again – no resultant force. Sky diver fall at a new slower terminal velocity.          |  |

| 1. Properties and Us | ses of Metals   |
|----------------------|---|
| Copper               | Used for electrical wiring as it is a good conductor of electricity and ductile.  |
| Gold                 | Used to make jewellery as it is shiny and resistant to corrosion.   |
| Steel                | Used for buildings, bridges and cars. Steel is an alloy of iron. Pure iron is weak and brittle, but steel is very strong. |
| Aluminium            | Used for aeroplanes and overhead cables as it has a<br>low density so it is lightweight.                                  |
| Titanium             | Used for hip replacements as it is resistant to corro-<br>sion, strong and has a low density.                             |

| 2. Reactivity Series (Practice writing metals in order of reactivity) |           |           |
|---|-----------|-----------|
| Most reactive   | Potassium | Please    |
|   | Sodium    | Send      |
|   | Calcium   | Charlie's |
|   | Magnesium | Monkeys   |
|   | Aluminium | And       |
|   | Carbon    |           |
|   | Zinc      | Zebras    |
|   | Iron      | In        |
|   | Tin       | The       |
|   | Lead      | Lead      |
|   | Hydrogen  |           |
|   | Copper    | Cages     |
|   | Silver    | Securely  |
|   | Gold      | Guarded   |
| Least<br>reactive   | Platinum  |           |

| 3. Reactions of Metals   |  |
|--------------------------|--|
|                          | metal + acid -> salt + hydrogen  |
| Metal + Acid             | Metal will react if it is more reactive than hydrogen.                   |
|                          | Test for hydrogen gas using a lit splint. Listen for squeaky pop.        |
| Metal + Oxygen           | metal + oxygen -> metal oxide  |
|                          | Oxidation reaction as metal gains oxygen.                                |
| Metal + Water            | More reactive metals react violently with cold water.                    |
|                          | metal + water-> metal hydroxide + hydrogen                               |
|                          | Less reactive metals will react with steam.                              |
|                          | metal + water -> metal oxide + hydrogen                                  |
| Displacement<br>Reaction | A more reactive metal displaces a less reactive metal from its compound. |
| Rusting                  | Occurs when iron or steel reacts with both oxygen and water.             |

| 4. Extraction and          | Recycling of Metals   |
|----------------------------|---|
| Ore                        | A rock that you can extract a metal from. Usually contains a metal oxide. |
| Extraction using Carbon    | Use if the metal is less reactive than carbon.                            |
|                            | Heat meal oxide with carbon. Carbon displaces metal from its oxide.       |
|                            | e.g. carbon + iron oxide -> iron + carbon dioxide.                        |
| Extraction                 | Use if the metal is more reactive than carbon.                            |
| using Elec-<br>trolysis    | Split up metal oxide using an electrical current.                         |
|                            | e.g. aluminium oxide -> aluminium + oxygen                                |
| Advantages<br>of Recycling | Less waste sent to landfill. Less energy used as less mining              |
|                            | and extraction required. Conserves ores which are limited                 |
|                            | resources.  |

| 5. Alloys      |   |
|----------------|---|
| alloy          | An alloy is a mixture of elements, including at least one metal.  Different alloys have different properties  |
| Brass<br>steel | Brass – Made from copper and zinc<br>Steel – Made from carbon and iron  |
| Properties     | In an <b>alloy</b> , there are atoms of different sizes. The smaller or bigger atoms distort the layers of atoms in the pure metal. This means that a greater force is required for the layers to slide over each other. The <b>alloy</b> is harder and stronger than the pure metal. |

| 1. Pollination and Fertilisation in Plants |   |
|--|---|
| Pollination                                | Transfer of pollen from an anther to a stigma. Pollen is spread by insects or wind. |
| Fertilisation                              | Nucleus of pollen grain fuses with nucleus of ovule. Happens in ovary. Forms seeds. |
| Seed Dispersal                             | Main methods: wind, animals, water and explosion.                                   |
| Germination                                | When a seed starts to grow. This requires water, oxygen and warmth.                 |

| 2. Photosynthesis |  |  |
|-------------------|--|--|
| Photosynthesis    | A chemical reaction that produces food (glucose) for plants.                                     |  |
| Priocosynthesis   | carbon dioxide + water> glucose + oxygen   |  |
| Chloroplast       | The organelle where photosynthesis occurs  |  |
| Chlorophyll       | Green chemical which absorbs energy via the radiation (light) pathway needed for photosynthesis. |  |

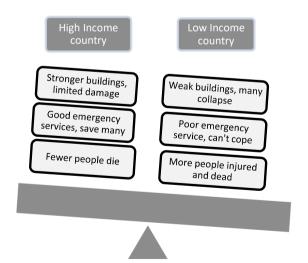
| 3. Structure of a leaf |  |
|------------------------|--|
| Waxy cuticle           | Waterproof so the plant doesn't lose water                         |
| Palisade layer         | Contains lots of chloroplasts for photosynthesis                   |
| Spongy layer           | Has air spaces so gases can move around                            |
| Stomata                | Pores on the underside of the leaf which let gases enter and leave |

| 4. Roots and Minerals |  |  |  |  |  |  |  |
|-----------------------|--|--|--|--|--|--|--|
| Root Hair Cell        | Absorbs water and minerals from the soil. Root hair projections provide a large surface area. No chloroplasts. |  |  |  |  |  |  |
| Xylem                 | Carries water and minerals from the roots to the leaf in one direction   |  |  |  |  |  |  |
| Minerals              | Potassium, magnesium, phosphorus and nitrates  |  |  |  |  |  |  |
| Uses of glucose       | Cellulose, respiration, fats and oils, stored as starch.   |  |  |  |  |  |  |

| 5. Respiration         |   |
|------------------------|---|
| Respiration            | Chemical reaction that occurs in all living organisms.                |
| Respiration            | Releases energy for movement, growth and warmth.                      |
| Aerobic Respiration    | Requires oxygen   |
| Aerobic Respiration    | glucose + oxygen -> carbon dioxide + water (+ energy)                 |
| Anaerobic Respiration  | Does not require oxygen – happens in muscle cells during<br>exercise. |
|                        | glucose -> lactic acid (+ energy)                                     |
|                        | Lactic acid causes mus cle cramps.                                    |
|                        | Respiration increases because your body requires                      |
| The effect of exercise | more energy to contract your muscles. Therefore it                    |
| on respiration         | needs more oxygen and more glucose so that res-                       |
|                        | piration can take much faster.  |

| 1. Key terms                          |   |  |  |  |  |
|---------------------------------------|---|--|--|--|--|
| Natural hazard                        | An extreme natural event that causes destruction to people and the    |  |  |  |  |
| Naturarriazaru                        | environment.  |  |  |  |  |
| Hazard risk                           | Probability or chance of a natural hazard taking place and causing    |  |  |  |  |
| Hazaru HSK                            | damage or destruction   |  |  |  |  |
| Tectonic hazard                       | A natural hazard caused by the movement of the earth's plates.        |  |  |  |  |
| Climatic hazard                       | A natural hazard caused by changes in the atmosphere and the          |  |  |  |  |
| Cililatic Hazaru                      | weather.  |  |  |  |  |
| Magnitude Size of the natural hazard. |   |  |  |  |  |
| Effect                                | Something that occurs because of the hazard.                          |  |  |  |  |
| Primary effect                        | An effect that is directly caused by the hazard and generally happens |  |  |  |  |
| Primary effect                        | straight away.  |  |  |  |  |
| Secondary                             | An effect that isn't directly caused by the hazard and generally      |  |  |  |  |
| effect                                | happens in the days, weeks, and months after                          |  |  |  |  |
| Long-term                             | A recognice that takes place in the months and years after the event  |  |  |  |  |
| response                              | A response that takes place in the months and years after the event.  |  |  |  |  |
| Immediate                             | A response that takes place in the hours and days after the event.    |  |  |  |  |
| response                              | A response that takes place in the hours and days after the event.    |  |  |  |  |

### 3. Hazards effects and responses



### 2. What makes a good natural hazard? Location Some locations around the world are more likely to have a natural hazard occur than others. Population density Magnitude If there are a lot of Some natural hazards people in an area the are small, so they don't impact is often greater have any impacts, others as more people are are very large in size. affected Frequency Hazards will have a larger effect if they happen more often in a place as there is more chance

| 4. Wildfires |   |  |  |  |  |
|--------------|---|--|--|--|--|
| Causes       | Lightning is the biggest natural cause of wildfires.  90% of wildfires are caused by humans, often accidentally through causes such as pylons falling, campfires, or sparks from machinery. |  |  |  |  |
|              | Arson is deliberately starting fires.   |  |  |  |  |
|              | Primary: Loss of life and injury, destruction of property and   |  |  |  |  |
| Effects      | possessions, smoke.   |  |  |  |  |
| Litects      | <b>Secondary:</b> Homelessness, health problems from inhalation of  |  |  |  |  |
|              | smoke, soil erosion.  |  |  |  |  |
| Preventing   | Removing dead leaves and branches in areas prone to wildfires.  |  |  |  |  |
| wildfires    | Educating the public.   |  |  |  |  |
| wiidilles    | Controlled burning  |  |  |  |  |
| Stanning     | Spraying water and foam.  |  |  |  |  |
| Stopping     | Air drops of water and fire stopping chemicals from planes.   |  |  |  |  |
| wildfires    | Creating a fire break by removing vegetation.   |  |  |  |  |

#### 7. What is a TNC?

Headquarters where company bosses make decisions and where research and development takes place are generally in Europe or North America.

Production of products generally takes place in NEEs, especially in Asia.

Most stores which sell the products are in wealthier and more developed countries.

### 6. Causes of globalisation

**Transport** 

Horse and cart or walking: most people only travel locally

Steam powered boats and trains: longer distances can be covered

Aeroplanes and modern trains: people and goods can get around the world quickly

Communications

Letters transported by horse or boat. sometimes taking months to arrive

Quicker postal services and the invention of telephones

Internet and mobile phones: instant communicat ion anytime, anywhere

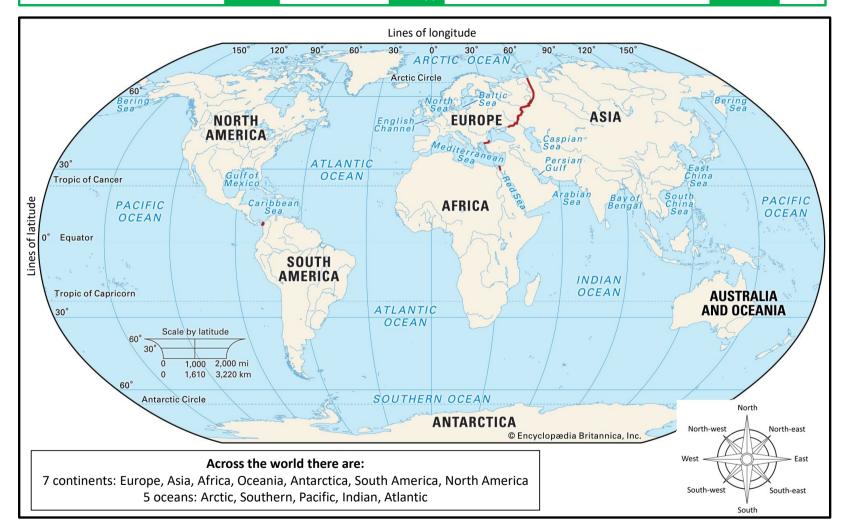
#### 8. Positives and negatives of globalisation

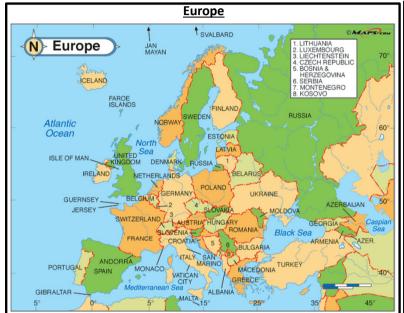
### **Positives**

- People can enjoy cultures and food from around the world and travel to new locations
- People and governments can work together to tackle global issues like climate change.
- TNCs can **provide jobs** and improve the infrastructure in poorer countries.

### Negatives

- Different cultures' traditions and way of life could be threatened and forced to change.
- Not all countries are equally able to benefit from globalisation: rich countries benefit the most.
- TNCs like Apple can treat workers badly and pollute the environment in poorer countries





| Europe         | A continent made up of 44 countries, the UK is part of this continent.   |  |  |  |  |  |
|----------------|--|--|--|--|--|--|
| United Kingdom | Made up of England, Wales, Scotland, Northern Ireland.   |  |  |  |  |  |
| Great Britain  | Made up of England, Wales, and Scotland.   |  |  |  |  |  |
| British Isles  | A group of islands, the largest is Great Britain. Made up of England,<br>Wales, Scotland, Northern Ireland, and the Republic of Ireland. |  |  |  |  |  |
| Capital cities | The main city in a country, where the government is based.   |  |  |  |  |  |



|                        | Section 1: Time  |                         | Section 2: Medieval Sugar   |  |  |  |
|------------------------|--|-------------------------|---|--|--|--|
| Medieval<br>Period     | Period after the Romans left from c. 450CE- c.1500CE   | Sugar cane              | The plant which sugar comes from, originally from Northern India  |  |  |  |
| Early Modern<br>Period | Period from c.1500- c. 1750, also referred to as Tudor and<br>Stuart periods   | Islam                   | Use of sugar spread around the Islamic world in the 7 <sup>th</sup> and 8 <sup>th</sup> centuries   |  |  |  |
| Industrial<br>Period   | Period of rapid urbanisation when people moved to cities from c. 1750- c.1900  | Irrigation              | A system of spreading water on crops which led to the growing of sugar in North Africa and Spain  |  |  |  |
| Modern Period          | Period which includes both World War I and World War II from c.<br>1900 – Present  | Sotiltee                | Elaborate statue made from sugar used as a display of wealth in later medieval England  |  |  |  |
|                        | Section 3: Early Modern Sugar  |                         | Section 4: Industrial Sugar   |  |  |  |
| Plantations            | Huge farms for growing crops like sugar and cotton on islands occupied by Portuguese explorers                               | Slave labour            | Work done by people who have been enslaved  |  |  |  |
| West Indies            | Islands near America which were colonised by European explorers to grow sugar  | Chattel slavery         | A system of slavery where a person is believed to be owned by<br>another human being. Their children, grandchildren and so on<br>are also 'owned' from birth. |  |  |  |
| Indigenous             | The people who lived in the West Indies and America before   | Cowrie Shells           | Shells which were used as currency (a bit like coins)   |  |  |  |
| people                 | Europeans colonised these places, killing 90% of them.   | Middle Passage          | Journey across the Atlantic Ocean which enslaved people were  |  |  |  |
| Colonise               | Moving onto land with the aim of taking it over  |                         | forced to live through for months before being sold onto plantations  |  |  |  |
|                        | Section 5: Sugar plantations   |                         | Section 6: Problems with sugar  |  |  |  |
| Whipping               | Used as a punishment for slow work on plantations  | Historical<br>narrative | The way a historian tells the story of what happened. What they choose to include or leave out is based on what they judge to be significant.                 |  |  |  |
| Runaways               | Name given to enslaved people who escaped plantations. They could be maimed or hanged for this crime.                        | Sugar refineries        | Factories where sugar was turned into products like sugar cubes   |  |  |  |
| Indentured<br>labour   | Indian workers who signed a contract to work on plantations for 5 years after slavery was abolished. They were often unpaid. | Sugar boom              | Huge growth in the processing sugar in Britain in the 19 <sup>th</sup> and 20 <sup>th</sup> centuries in factories like Cadburys and Rowntrees                |  |  |  |
| Sugar beet             | A plant which could be used to make sugar and could be grown in<br>Europe  | Obesity crisis          | A third of the world's population is thought to be obese (overweight) which has been linked to the popularity of sugar  |  |  |  |
| Olaudah<br>Equiano     | Enslaved man who escaped from slavery and wrote about his experiences to persuade people to support abolition of slavery     |                         |   |  |  |  |

|   | Section 7: What was the Industrial Revolution?  |                                       | Section 8: Industrial Revolution – changes to work  |  |  |  |  |
|---|---|---------------------------------------|---|--|--|--|--|
| c.1750-c.1900   | 750-c.1900 The period of time known in Britain as the industrial revolution   |                                       | Nickname for men who worked on the railroads. Pay was high but was risky and involved long periods away from home                 |  |  |  |  |
| Urbanisation  | The population of towns and cities went from 25% of the population in<br>1700 to 90% by 1890                          |                                       | The system where most people worked at home, making things to sell. This changed to the factory system after 1750.                |  |  |  |  |
| Laissez-faire   | A policy of letting businesses get on with things without the government interfering with laws or guidance            | Mill worker                           | People who worked in the many cotton mills in Britain.  |  |  |  |  |
| Industrial<br>revolution  | The time when there were major changes in how goods were made 1750  |                                       | All the people in society who have to do low-paid work in order to survive. Usually have low or no education.                     |  |  |  |  |
| Capitalism  | An economic and political system in which a country's trade and industry are controlled by private owners for profit. | Miner                                 | A person who worked underground in coal mines. Extremely dangerous low-paid work  |  |  |  |  |
|   | Section 9: Children and living conditions   |                                       | Section 10: Abolitionists   |  |  |  |  |
| Child labour  | A system where children are used for low or no pay work. Usually instead of education.                                | Abolition                             | Bringing something to an end by law. In this case, the abolition of slavery made enslaving people a crime.                        |  |  |  |  |
| Apprentice  | A child who was taken from his parents or a workhouse to live in a factory where they worked for food and a bed.      | Abolitionist                          | A person who fought to end slavery  |  |  |  |  |
| Slums   | Housing with overcrowding and terrible living conditions. They sprung up in industrial towns and cities.              | Sons of Africa                        | A group of abolitionists who had been enslaved who toured Europe telling the truth about the horrors of slavery                   |  |  |  |  |
| Cholera   | A disease which spread around towns and cities because the water was not clean  | Sugar Boycott                         | Refusing to buy sugar until slavery was ended, organised by women abolitionists like Elizabeth Heyrick                            |  |  |  |  |
| Factory Act Law passed to change the working conditions of people in factories and mills. |   | Resistance                            | All the ways enslaved people refused to accept slavery such as working slow, rebellions, escaping.                                |  |  |  |  |
|   | Section 11: Abolition of slavery  |                                       | Section 12: Plantations after Abolition   |  |  |  |  |
| 1807 Slave<br>Trade Act   | The law in Britain which made it illegal to buy and sell people in Britain and its colonies.                          | Apprenticeship                        | A system introduced to keep labourers on plantations after slavery was abolished  |  |  |  |  |
| 1833 Abolition<br>of Slavery Act  | The law in Britain which made it illegal to own enslaved people in Britain and most British colonies.                 | Indentured<br>labourers from<br>India | Around 50,000 Indian people were taken to the West Indies to work out 5-year contracts on low or no pay which they couldn't leave |  |  |  |  |
| The Maroon<br>Wars 1728-39  | Wars between British soldiers and enslaved people who had escaped from plantations and set up their own settlements   | Lunatic Express                       | Nickname given to the railway in Kenya which was built by Indian indentured labourers. Many people died from the dangerous work,  |  |  |  |  |
| The Haitian<br>Revolution   | Revolution led by Toussaint L'Ouverture which led to al enslaved people being freed and Haiti becoming a free nation  |                                       | illness or lion attacks   |  |  |  |  |
|   | Section 13: Leg   | acies of slavery                      | •   |  |  |  |  |
| Reparations   | The money paid to the owners of enslaved people as compensation for the   | ir loss of 'property'. Th             | ne last reparation payment was paid by the British government in 2015   |  |  |  |  |
| Cottonopolis  | The name given to Manchester in the 1800s when almost 80% of the cottor   | n processed there was                 | grown by enslaved people in the USA   |  |  |  |  |
| Civil War   | The war between the northern and southern states in the USA. The north won therefore slavery was abolished in the USA |                                       |   |  |  |  |  |
| Blockade<br>runners   | Boats sent from Britain to help slave-grown cotton to get through the navy blockades during the American Civil War    |                                       |   |  |  |  |  |
| i williers  | I .   |                                       |   |  |  |  |  |

YEAR GROUP 8

| T <sub>c</sub> | DAA CYCLE 1 Knowledge Organiser | SUBJECT | RE | TOPIC(S) | Does believing in God make us responsible? | YEAR GROUP | 8 |
|----------------|---------------------------------|---------|----|----------|--|------------|---|
|                | <u> </u>                        |         |    |          | •  |            |   |

1&2

| 102                                     |   |                 |                            |  |  |  |  |
|---|---|-----------------|----------------------------|--|--|--|--|
| Atheism The belief that there is no God |   | Faith           | Having trust in someone    |  |  |  |  |
| Science Collection of knowledge         |   | Omnipotence     | All-powerful               |  |  |  |  |
| through observations & tests            |   | Omnibenevolence | All-loving                 |  |  |  |  |
| Immanence God acts within the world     |   | Omniscience     | All-knowing                |  |  |  |  |
| Design                                  | God designed the world so He  | Transcendent    | God is beyond space & time |  |  |  |  |
| Argument                                | Argument exists   |                 |                            |  |  |  |  |
| Impersonal                              | Impersonal God beyond understanding Miracles Impossible events coming true                              |                 |                            |  |  |  |  |
| The Quran 8                             | The Quran & Bible teaches believers to lead a good life & take care of others based on God's teachings. |                 |                            |  |  |  |  |

| 3 The Creation Story (in the Bible, Genesis)  | This encourages responsibility by:   |
|---|--|
| <ul> <li>This is how the world began. God created:</li> <li>Day 1- Light</li> <li>Day 2- 'God made the heavens &amp; earth'</li> <li>Day 3- Land &amp; Sea</li> <li>Day 4- Sun, Moon &amp; Stars</li> <li>Day 5- Fish &amp; birds</li> <li>Day 6- Other animals, man &amp; woman</li> <li>Day 7- God finished &amp; rested</li> </ul> | Looking after the world – stewardship (care)     Believe God as the designer of the world (Design argument)     Treat others kindly     Trust in God's plans      Atheism: If God designed a beautiful world how come ther is evil & suffering? Why can't God stop people dying? |

| 5 | The Design Argument  |   | The Quran teaches                     |   | Atheists may argue  |
|---|--|---|---------------------------------------|---|---|
| : | God designed the universe<br>Christians & Muslims believe<br>God as the designer | • | 'Contemplate the wonders of creation' | • | People can still show irresponsibility; lying, killing, ignorance, backbiting |
|   | We have a responsibility to look after the world                                 |   | 'Do not be the aggressors'            |   | Some believe Big Bang<br>Theory instead of design                             |

| 6 | Miracle Argument   | The Bible teaches                                    | Atheists may argue  |
|---|--|--|---|
| : | Miracles break nature's laws<br>The Bible; Jesus' resurrection<br>The Quran; Moses parts sea<br>Cured from incurable illness | 'I am the LORD who heals you'      'Jesus had risen' | Science can explain miracles     'Fake' miracles shown by people wanting fame, money, attention |

| 7 | The Quran's influence                                     | The Quran teaches   | Some may argue   |
|---|---|---|--|
| : | Book of authority in Islam<br>Guides diet/prayer/behavior | 'Obey God & His Messenger'                                | We can still be responsible<br>without holy books        |
| : | Looking after the poor/weak<br>Live like the Prophets     | <ul> <li>'God keeps an account of all actions'</li> </ul> | The Quran is not the only<br>source of guidance in Islam |

| 8 | The Prophet's influence  | The Quran teaches                       | Some may argue                  |
|---|--|---|---------------------------------|
| : | Spread God's message<br>Be truthful & patient                      | 'The prophet is an excellent model'     | We can be<br>responsible by     |
| : | Share with & care for others<br>Do what is right even if it's hard | 'He does not speak with his own desire' | learning from other role models |

| 9 The Bible's influence                                  | The Bible teaches                                | Some may argue  |
|--|--|---|
| The Bible is inspired by God It teaches to do good deeds | 'Serve the garden'                               | <ul> <li>Responsibility is taught<br/>by family members,</li> </ul> |
| 10 commandments, The Good<br>Samaritan, Exodus, Creation | 'Love thy neighbour as yourself'                 | teachers & others  • We are stronger together                       |
| Story  | <ul> <li>'God loves a cheerful giver'</li> </ul> | We must be kind   |

| 10  | Jesus' influence   | The Bible teaches  | Many agree  |
|-----|--|--|---|
| • C | esus taught to love enemies<br>Fare for others – he healed the sick<br>He gave himself up to clean<br>Humanity's sins through crucifixion<br>Hatonement) | Jesus taught the Parable of<br>the Sheep & Goat; Jesus will<br>divide the good & take them<br>to heaven & the bad will go<br>hell for being irresponsible. | Looking after the world — stewardship (care) Believe God as Jesus did Treat others kindly Trust in God's plans - there's a bigger picture |

| Always unpack<br>auotes | Where is it from? The Bible / Quran teaches, | What does it mean? This could mean, | Why is it important? This signifies / highlights, |
|-------------------------|--|-------------------------------------|---|
| 11                      |  | This influences,                    | This supports / challenges,                       |

| 1.1 Star Phrases                      |                                       |  |
|---------------------------------------|---------------------------------------|--|
| Diría que                             | I would say that                      |  |
| Cuando era mas joven                  | When I was younger                    |  |
| Antes/despues de hacer eso            | Before/after having done that         |  |
| Aunque sea +adjective                 | Although it is                        |  |
| Tengo la intención de                 | I have the intention of               |  |
| Si tuviera la oportunidad me gustaría | If I had the opportunity I would like |  |
| + infinitive                          | to                                    |  |
| Si fuera rico/a me gustaría +         | If I were rich I would                |  |
| infinitive                            |                                       |  |
| Siempre he pensado que                | I have always thought that            |  |
| Para que pueda + infinitive           | So that I can                         |  |
| Tengo ganas de + infinitive           | I am looking forward to               |  |

| 1.2 Where do you go normally? |                         |  |
|-------------------------------|-------------------------|--|
| ¿Adónde vas de vacaciones?    | Where do go on holiday? |  |
| Normalmente                   | Normally                |  |
| Generalmente                  | Generally               |  |
| En general                    | In general              |  |
| Cada año                      | Every year              |  |
| Cada verano                   | Every summer            |  |
| Voy a                         | I go to                 |  |
| Alemania                      | Germany                 |  |
| Escocia                       | Scotland                |  |
| España                        | Spain                   |  |
| Francia                       | France                  |  |
| Gales                         | Wales                   |  |
| Grecia                        | Greece                  |  |
| Inglaterra                    | England                 |  |
| Irlanda                       | Ireland                 |  |
| India                         | India                   |  |
| Paquistán                     | Pakistan                |  |

| 1.3 Who do you go with? |                      |  |
|-------------------------|----------------------|--|
| ¿Con quién vas?         | Who did you do with? |  |
| Voy con                 | I go with            |  |
| mis padres              | my parents           |  |
| mi familia              | my family            |  |
| mis abuelos             | my grandparents      |  |
| mi instituto            | my school            |  |
| mi mejor amigo/a        | my best friend       |  |

| 1.4 How do you get there? |                       |  |
|---------------------------|-----------------------|--|
| ¿Cómo vas?                | How do you get there? |  |
| Voy en                    | I go by               |  |
| Vamos en                  | We go by              |  |
| autocar                   | coach                 |  |
| avión                     | plane                 |  |
| autobús                   | bus                   |  |
| barco                     | boat                  |  |
| coche                     | car                   |  |
| helicóptero               | helicopter            |  |
| tren                      | train                 |  |

| 1.5 Where did you go last year?      |                               |  |
|--------------------------------------|-------------------------------|--|
| ¿Adónde fuiste de vacaciones?        | Where did you go on holiday?  |  |
| El año pasado                        | Last year                     |  |
| El verano / invierno / otoño pasado  | Last summer / winter / autumn |  |
| La primavera pasada                  | Last spring                   |  |
| Fui a                                | I went to                     |  |
| See list of countries in section 1.2 |                               |  |

| 1.6 Who did you go with? |                      |  |
|--------------------------|----------------------|--|
| ¿Con quién fuiste?       | Who did you do with? |  |
| Fui con                  | I went with          |  |
| mis padres               | my parents           |  |
| mi familia               | my family            |  |
| mis abuelos              | my grandparents      |  |
| mi instituto             | my school            |  |
| mi mejor amigo/a         | my best friend       |  |

| 1.7 How did you get there? |                        |  |
|----------------------------|------------------------|--|
| ¿Cómo fuiste?              | How did you get there? |  |
| Fui en                     | I went by              |  |
| autocar                    | coach                  |  |
| avión                      | plane                  |  |
| autobús                    | bus                    |  |
| barco                      | boat                   |  |
| coche                      | car                    |  |
| helicóptero                | helicopter             |  |
| tren                       | train                  |  |
|                            |                        |  |

| 1.8 What did you do on holiday? |                                |  |
|---------------------------------|--------------------------------|--|
| ¿Qué hiciste?                   | What did you do?               |  |
| Bailé                           | I danced                       |  |
| Bebí una limonada               | I drank a lemonade             |  |
| Comí paella                     | I ate paella                   |  |
| Comimos churros                 | We ate churros                 |  |
| Conocí a un chico/a guapo/a     | I met an attractive boy / girl |  |
| Compré una camiseta             | I bought a T-shirt             |  |
| Compré recuerdos                | I bought souvenirs             |  |
| Descansé en la playa            | I relaxed on the beach         |  |
| Escribí SMS                     | I wrote messages               |  |
| Mandé SMS                       | I sent messages                |  |
| Fui a la playa                  | I went to the beach            |  |
| Fui de excursión                | I went on a trip               |  |
| Monté en bicicleta              | I rode my bike                 |  |
| Nadé en el mar                  | I swam in the sea              |  |
| Saqué fotos                     | I took photos                  |  |
| Tomé el sol                     | I sunbathed                    |  |
| Vi un castillo interesante      | I saw an interesting castle    |  |
| Visité monumentos               | I visited monuments            |  |

| 1.9 What was it like?  |                           |  |
|------------------------|---------------------------|--|
| Me gustó               | I liked it                |  |
| Me encantó             | I loved it                |  |
| Fue                    | It was                    |  |
| divertido              | fun/funny                 |  |
| estupendo              | brilliant                 |  |
| fenomenal              | fantastic                 |  |
| flipante               | awesome                   |  |
| genial                 | great                     |  |
| guay                   | cool                      |  |
| regular                | OK                        |  |
| un desastre            | a disaster                |  |
| horrible               | horrible                  |  |
| horroroso              | terrible                  |  |
| raro                   | weird                     |  |
| ¿Por qué?              | Why?                      |  |
| Porque / ya que        | Because                   |  |
| hizo buen / mal tiempo | It was good / bad weather |  |
| hizo calor/sol         | It was hot/sunny          |  |
| hizo frío              | It was col                |  |
| llovió                 | It rained                 |  |
| vomité                 | I vomited                 |  |
| perdí mi móvil         | I lost my mobile          |  |
| perdí mi pasaporte     | I lost my passport        |  |

| 1.10 What do you do on your mobile-¿Qué haces en tu móvil? |                             |  |
|--|-----------------------------|--|
| Chateo   | I chat (online)             |  |
| Comparto mis videos favoritos                              | I share my favourite videos |  |
| Descargo aplicaciones                                      | I download apps             |  |
| Hablo por Skype  | I speak on Skype            |  |
| Juego a los videojuegos                                    | I play videogames           |  |
| Leo mis SMS  | I read messages             |  |
| Mando mensajes   | I send messages             |  |
| Saco fotos   | I take pictures             |  |
| Veo videos   | I watch videos              |  |
| Todos los días   | Every day                   |  |
| A veces  | Sometimes                   |  |
| Dos o tres veces a la semana                               | Two to three times a week   |  |
| De vez en cuando   | From time to time           |  |
| Raramente  | Rarely                      |  |
| nunca  | Never                       |  |
| A menudo   | Often                       |  |

It makes me laugh / they make

me laugh

Me hace reír / me hacen reír

| 1.12 TV shows              |                      |  |
|----------------------------|----------------------|--|
| Un programa<br>de deportes | Sports programme     |  |
| Un concurso                | A game show          |  |
| Un documental              | A documentary        |  |
| Un reality                 | A reality show       |  |
| Una comedia                | A comedy             |  |
| Una serie policíaca        | A police series      |  |
| Una telenovela             | A soap opera         |  |
| Las noticias               | The news             |  |
| El telediario              | The news             |  |
| Me gustan los/las          | I like(programmes)   |  |
| Prefiero los/las           | I prefer(programmes) |  |
| Porque son/ya que son      | because they are     |  |
| Interesante(s)             | interesting          |  |
| Divertidos/as              | fun                  |  |
| Aburridos/as               | Boring               |  |
| Emocionante(s)             | exciting             |  |
| Graciosos/as               | funny                |  |

| 1.13 Verb tenses & time phrases |                 |                         |
|---------------------------------|-----------------|-------------------------|
| Voy                             |                 | l go                    |
| Viajo                           |                 | I travel                |
| Me alojo / Me quedo             | ر م             | I stay                  |
| Es                              | Present tense   | It is                   |
| Son                             | t te            | They are                |
| Hay                             | sen             | There is / there are    |
| Me gusta                        | Pre             | 1 like                  |
| No me gusta                     |                 | I don't like            |
| Prefiero                        |                 | I prefer                |
| Me chifla                       |                 | I am crazy about        |
| Quisiera + infinitive           |                 | I would like to         |
| Hice                            |                 | I did                   |
| Celebré                         |                 | I celebrated            |
| Fui                             |                 | I went                  |
| Fuimos                          |                 | We went                 |
| Hice                            | nse             | I did                   |
| Monté                           | te              | I rode                  |
| Vi                              | rite            | I watched               |
| Salí                            | Preterite tense | I went out              |
| Nadé                            | Pre             | I swam                  |
| Leí                             |                 | I read                  |
| Recibí                          |                 | I received              |
| Saqué                           |                 | I took                  |
| Mandé                           |                 | I sent                  |
| Voy a <u>ver</u>                | nre             | I am going to watch     |
| Voy a <u>ir</u>                 | fut             | I am going to go        |
| Vamos a <u>comprar</u>          | ıte.            | We are going to buy     |
| Voy a <u>comer</u>              | gdic            | I am going to eat       |
| Voy a <u>hacer</u>              | 1 2             | I am going to do / make |
| Vamos a <u>beber</u>            | Conditio<br>nal | We are going to drink   |
| Me gustaría <u>ir</u>           | itio /          | I would like to go      |
| Me gustaría <u>montar</u>       | na              | I would like to ride    |
| Me gustaría <u>jugar</u>        | ರಿ              | I would like to play    |
| Ahora                           |                 | Now                     |
| Normalmente                     |                 | Normally                |
| A veces                         |                 | Sometimes               |

|                          | 1.13 Verb tenses & time phrases |                         |  |
|--------------------------|---------------------------------|-------------------------|--|
| Voy                      | Present tense                   | l go                    |  |
| Viajo                    | Present tense                   | I travel                |  |
| Me alojo / Me quedo      | Present tense                   | l stay                  |  |
| Es                       | Present tense                   | It is                   |  |
| Son                      | Present tense                   | They are                |  |
| Hay                      | Present tense                   | There is / there are    |  |
| Me gusta                 | Present tense                   | I like                  |  |
| No me gusta              | Present tense                   | I don't like            |  |
| Prefiero                 | Present tense                   | I prefer                |  |
| Me chifla                | Present tense                   | I am crazy about        |  |
| Me gustaría + infinitive | Conditional                     | I would like to         |  |
| Quisiera + infinitive    | Subjunctive mood                | I would like to         |  |
| Hice                     | Preterite tense                 | I did                   |  |
| Celebré                  | Preterite tense                 | I celebrated            |  |
| Fui                      | Preterite tense                 | I went                  |  |
| Fuimos                   | Pretertite tense                | We went                 |  |
| Hice                     | Preterite tense                 | I did                   |  |
| Monté                    | Preterite tense                 | l rode                  |  |
| Vi                       | Preterite tense                 | I watched               |  |
| Salí                     | Preterite tense                 | I went out              |  |
| Nadé                     | Preterite tense                 | I swam                  |  |
| Leí                      | Preterite tense                 | l read                  |  |
| Recibí                   | Preterite tense                 | I received              |  |
| Saqué                    | Preterite tense                 | I took                  |  |
| Mandé                    | Preterite tense                 | I sent                  |  |
| Voy a <u>ver</u>         | Immediate future                | I am going to watch     |  |
| Voy a <u>ir</u>          | Immediate future                | I am going to go        |  |
| Vamos a comprar          | Immediate future                | We are going to buy     |  |
| Voy a <u>comer</u>       | Immediate future                | I am going to eat       |  |
| Voy a <u>hacer</u>       | Immediate future                | I am going to do / make |  |
| Vamos a beber            | Immediate future                | We are going to drink   |  |
| Me gustaría <u>ir</u>    | Conditional                     | I would like to go      |  |
| Me gustaría montar       | Conditional                     | I would like to ride    |  |
| Me gustaría jugar        | Conditional                     | I would like to play    |  |
| Ahora                    |                                 | Now                     |  |
| Normalmente              |                                 | Normally                |  |
| A veces                  |                                 | Sometimes               |  |

| 8.1 Rooms in the house |                               |                               |  |
|------------------------|-------------------------------|-------------------------------|--|
| Urdu                   | Roman Urdu<br>(pronunciation) | English                       |  |
| ميراگھر                | mayraa gharr                  | my house                      |  |
| اسکا/کیایک ہے۔         | uss kaa/kee ayk .<br>hai      | It has a                      |  |
| باغ/ باغیچه            | baagh / baaghich              | a garden                      |  |
| تهه خانه               | tehh khaana                   | cellar                        |  |
| بالاخانه               | baala khaana                  | attic                         |  |
| بيضك                   | baiTak                        | living room                   |  |
| كھانے كاكمرہ           | khaanay kaa<br>kamraa         | dining room                   |  |
| باور چی خانه           | baawarchi khaan               | a kitchen                     |  |
| غسل خانه               | ghusl khaana                  | bathroom                      |  |
| سونے کا کمرہ           | sonay kaa kamra               | a bedroom                     |  |
| اں کا / کی نہیں ہے۔    | uss kaa/kee nehi ha           | It doesn't have               |  |
| نجلی منزل پر           | nichli manzil par ha          | On the ground floor, there is |  |
| پېلى منزل پر           | pehli manzil par .            |                               |  |
|                        | hai.<br>8.2 furniture etc     | floor, there is               |  |
| 1/2                    | mayz                          | table                         |  |
| کری                    | kurrsee                       | chair                         |  |
| الماري                 | almaari                       | cupboard                      |  |
| کپڑوں کی الماری        | kapRo kee<br>almaari          | wardrobe                      |  |
| ננונ                   | draaz                         | drawers                       |  |
| آئينہ                  | aa-inaa                       | mirror                        |  |
| پلنگ                   | palang                        | bed                           |  |
| سنگھارميز              | singhaar mayz                 | dressing table                |  |
| دروازه                 | darrwaaza                     | door                          |  |
| ديوار                  | deewaar                       | wall                          |  |
| حيمت                   | chhat                         | roof                          |  |

| JODIECI                          | SOBJECT ONDO                         |                           |  |  |
|----------------------------------|--------------------------------------|---------------------------|--|--|
| Year 8 Urdu: Cycle 1             |                                      |                           |  |  |
| 8.3                              | What you do at he                    | ome                       |  |  |
| میں سوتا/ سوتی ہوں۔              | mai sotaa/tee<br>hoo                 | I sleep                   |  |  |
| میں ریڈیوسٹا/ سنتی ہوں۔          | mai radio<br>suntaa/tee hoo          | I listen to the radio     |  |  |
| مِن کھیتا/ کھیتی ہوں۔            | mai computer par<br>khayltaa/tee hoo | I play on the<br>computer |  |  |
| مِن كمانا كِاتا/ كِاتا مول_      | mai khaana<br>pakaata/tee hoo        | I cook                    |  |  |
| میں باغبانی کرتا / کرتی<br>ہوں۔  | mai baaghbaani<br>karrtaa/tee hoo    | I do the<br>gardening     |  |  |
| میں_کھاتا/ کھاتی ہوں۔            | mai khaata/tee<br>hoo                | I eat                     |  |  |
| میں پڑھتا/ پڑھتی ہوں۔            | mai<br>paRhtaa/tee hoo               | I read                    |  |  |
| میں ٹی وی دیکھتا/ دیکھتی<br>موں۔ | mai TV<br>daykhtaa/tee hoo           | I watch TV                |  |  |
| سونے کے کمرے میں                 | sonay kay kamray<br>may              | in the bedroom            |  |  |
| باور پی خانے میں                 | baawarchi<br>khaanay may             | in the kitchen            |  |  |
| کھانے کے کرے میں                 | khaanay kay                          | in the dining room        |  |  |

| 8.4 Where things are (postpositions) |  |   |  |
|--------------------------------------|--|---|--|
| کے اوپر                              | kay oopar                                  | on top of                                   |  |
| پانگ کے پنچ                          | palang kay under <u>the</u><br>neechay bed |   |  |
| د یوار کے پاس                        | <u>deewaar</u> kay<br>paass                | next to /<br>near <u>the</u><br><u>wall</u> |  |
| کے پیچیے                             | kay peechhay                               | behind                                      |  |
| گرے آگے                              | gharr kay aagay                            | in front of<br>the house                    |  |
| _ اور_ کے<br>در میان                 | awr kay<br>darrmyaan                       | between<br>and                              |  |
| کے سامنے                             | kay saamnay                                | opposite                                    |  |
| _ کے اندر                            | kay andar                                  | in_   |  |
| _ کیابر                              | kay baahir                                 | outside                                     |  |
| _ كى بائين طرف                       | kay baa-ay<br>taraf                        | on the left<br>of                           |  |
| _ کے دائیں طرف                       | kay daa-ay<br>taraf                        | on the right<br>of                          |  |

| 8                            |  |   |
|------------------------------|--|---|
|                              | .5 Town and direc  | tions   |
| شال/جنوب میں                 | shmaal/junoob<br>may   | in the<br>north/south   |
| انگلستان                     | inglasstaan  | England   |
| بریڈ فورڈ میں_<br>[تہیں] ہے۔ | Bradford may<br>(nehi)<br>hai.   | In Bradford there is (not)  |
| يارك                         | park   | park  |
| مجد                          | masjid   | mosque  |
| گر جاگھر                     | girrja ghar  | church  |
| كھينے كاميدان                | khaylnay ka<br>maidaan   | playground  |
| تحلی جگه                     | khulli j-ga  | open space  |
| جاؤ                          | jao  | go  |
| سيدھے جاؤ                    | seedhay jao  | go straight   |
| مڑ جاؤ                       | muR jao  | turn  |
| دائيں طرف مڑ جاؤ             | daa-ay taraf<br>muR jao  | turn right  |
| بائين طرف مڑ جاؤ             | baa-ay taraf<br>muR jao  | turn left   |
| پېلى سۈك                     | first<br>road/street   | pehli saRak   |
| دوسری سۈک                    | second<br>road/street  | doossri saRak   |
|                              | انگشتان بریڈ فورڈ میں پارک محید گرجاگھر کھیائے کا میدان کھیائے کا میدان حال جاگھ معلے کا میدان مار جاؤ مار خار خار خار خار خار خار خار خار خار خ | may  inglasstaan  الكتان inglasstaan  الكتان inglasstaan  الكتان inglasstaan  Bradford may  (nehi)  hai.  الكتان إلى إعداد  إلى |

### Masculine and Feminine

apnay kamray

In many languages, including Urdu, most nouns are considered to be either masculine or feminine. e.g. The Urdu word for chair (kurrsee) is considered to be a feminine word whereas the Urdu word for door (darrwaaza) is considered to me masculine.

Adjectives used to describe nouns will agree with them e.g. peelee kurrsee (yellow chair) and peela darrwaaza (yellow door).

### Notes

<u>n</u> – an underlined <u>n</u> is pronounced with a very soft *n* sound from the nose. It sounds like the letter *n* in the word  $u\underline{n}cle$  or  $lo\underline{n}g$ .

CaPiTaL LeTtErS — any <u>Roman Urdu</u> words with capital letters will be pronounced with a hard sound. e.g. *D* will be pronounced like a normal *D* in English. However, a *d* will be pronounced very softly with your tongue touching your front teeth. This is the same with *T* and *t*.

### **Pronouns**

Urdu does not have different pronouns (he,she,they etc.) for masculine/feminine or singular/plural. All you need to look at is if someone/thing is here or there. If it is here, we use yay. If it is there, we use wo.

So, the word wo is used for that and also, he, she, they and it. Similarly, yay is used for this and also for he, she, they and it.

in (my) own

| 8.6 Cities, Towns & Countries |                          |               |  |
|-------------------------------|--------------------------|---------------|--|
| Urdu                          | English                  |               |  |
| اسلام آباد                    | islaamabaad              | Islamabad     |  |
| لابور                         | laahor                   | Lahore        |  |
| کراچی                         | karaachi                 | Karachi       |  |
| فيصل آباد                     | faisalabaad              | Faisalabad    |  |
| لمان                          | multaan                  | Multan        |  |
| كوئينه                        | quwaiTa                  | Quetta        |  |
| راولینڈی                      | raawalpinDi              | Rawalpindi    |  |
| برطانيه                       | bartaaniya               | Great Britain |  |
| انگلتان                       | inglisstaan              | England       |  |
| ہندوستان / بھارت              | hindusstaan /<br>bhaarat | India         |  |
| افغانستان                     | afghaanisstaan           | Afghanistan   |  |
| چين                           | cheen                    | China         |  |
| روس                           | rooss                    | Russia        |  |
| جايان                         | jaapaan                  | Japan         |  |
| مفر                           | missr                    | Egypt         |  |
| ايران                         | eeraan                   | Iran          |  |
| سعودي عرب                     | saudi arab               | Saudi Arabia  |  |

| 8.7 Weather – mausam |                 |                |  |
|----------------------|-----------------|----------------|--|
| بہار                 | bahaar          | spring         |  |
| گری                  | gharrmee        | summer         |  |
| خزال                 | khizaa <u>n</u> | autumn         |  |
| سردی                 | sarrdee         | winter         |  |
| بارش                 | baarish         | rain           |  |
| وهوپ                 | dhoop           | sun            |  |
| برف                  | barrf           | snow, ice      |  |
| 198                  | hwaa            | wind           |  |
|                      | con             | tinued above 7 |  |

| 8.7 Weather (continued) |            |               |  |
|-------------------------|------------|---------------|--|
| بجلي                    | bijjlee    | lightning     |  |
| شدید                    | shadeed    | heavy, severe |  |
| آسان                    | aassmaan   | sky           |  |
| مخصنڈا                  | ThanDaa    | cold          |  |
| گرم                     | gharam     | hot           |  |
| وهند                    | dhund      | fog           |  |
| طوفان                   | toofaan    | storm         |  |
| خثك                     | khushk     | dry           |  |
| گيل                     | gheela     | wet           |  |
| بادل                    | baadal     | cloud         |  |
| خوشگوار                 | khushgwaar | pleasant      |  |

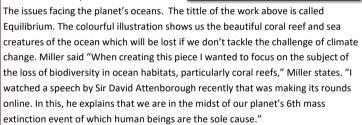
| 8.11 Likes & Dislikes – pasand & naapasand |                                     |                           |  |
|--|-------------------------------------|---------------------------|--|
| مجھ_ پندے۔                                 | mujhay pasand hai                   | I like                    |  |
| مجھے ناپندے۔                               | mujhay naapasand hai                | I dislike                 |  |
| مجھے_ اتناپند نہیں ہے۔                     | mujhay itnaa pasand nehi            | I don't like that<br>much |  |
| مجھے بہت پسند ہے۔                          | mujhay bahut pasand hai             | I like a lot              |  |
| مجھے ہے نفرت ہے۔                           | mujhay _ say naffrat hai            | I hate                    |  |
| میں برداشت نہیں گر<br>سکتا/سکتی۔           | mai barrdaasht nehi<br>karsaktaa/ee | I can't stand             |  |
| مجھ_ دلچپ لگتاہ۔                           | mujhay dillchasp lagtaa<br>hai.     | I find<br>interesting.    |  |
| <u>مجھ</u> _ کاشوق ہے۔                     | mujha <b>y</b> kaa shawq hai.       | I am interested in        |  |

| <u>Urdu</u>             | <u>l</u>          | ſ                       |                    | ĩ                    |                    | اردوح     |
|-------------------------|-------------------|-------------------------|--------------------|----------------------|--------------------|-----------|
| Lette                   | <u>ers</u>        | alif<br>a, e, i, o, u   |                    | alif madd<br>aa      |                    | ונכנ      |
|                         | ث                 | ك                       | ت                  |                      |                    |           |
|                         | say               | Tay<br>T                | tay<br>t           | pay<br>P             | bay<br>b           |           |
|                         | ż                 | ح                       |                    | ي                    | ۍ                  |           |
|                         | khay<br>kh        | hay<br>h                |                    | chay<br>ch           | jeem<br>j          |           |
| <b>↓</b> 1              | hese letters (and | also wow, allf and allf | madd) do not joir  | to the letters in fr | ont of them on the | left.     |
| ÿ                       | )                 | 2                       | 1                  | j                    | ţ                  | ,         |
| zhay<br>vi <u>s</u> ion | zay               | Ray<br>R                | ray<br>r           | zaal<br>z            | Daal<br>D          | daal<br>d |
|                         | ض                 | ص                       |                    | ث                    | J                  |           |
|                         | zuaad<br>z        | suaad<br>s              |                    | sheen<br>sh          | seen<br>s          |           |
|                         | غ                 | ٤                       |                    | ظ                    | Ь                  |           |
|                         | gain<br>g         | ain<br>a, e, i, o, u    |                    | zoay<br>z            | toay<br>t          |           |
| ن                       | م                 | J                       | گ                  | ک                    | ؾ                  | ن         |
| noon<br>n               | meem<br>m         | laam<br>I               | Gaaf<br>G          | kaaf<br>k            | qaaf<br>q          | fay<br>f  |
|                         | _                 | ی                       | ۶                  |                      | ,                  |           |
|                         | baRee yay<br>y    | chhoTee yay<br>y        | hamza<br>a,e,i,o,u | hay<br>h             | wow                |           |
|                         |                   |                         |                    |                      |                    |           |

### Section 1 Matt Miller

Matt Miller is an award winning British illustrator. He was born in Somerset in 1975 and lives in Glastonbury. He has had no art training in school and began his career working in the family motor industry. After 16 years in the family business he decided to pursue his passion for art.

Matt teamed up with the Pangeaseed Foundation to help raise awareness for





Mlle is a French designer Who creates colourful paper Sculptures from carefully cut Paper shapes. These works Are inspired by the coral reef And the danger it is in due to Global warming. The rising Sea temperature threatens to



Destroy all life and Mlle's sculptures show us all the different colours and textures of this life beneath the waves.

### Section 2 Key Vocabulary:

Biodiversity (noun) the number and types of plants and animals that exist in a particular area or in the world generally.

**Challenge** (noun) (the situation of being faced with) something that needs great mental or physical effort in order to be done successfully and therefore tests a person's ability.

Climate Change (noun) changes in the world's weather, in particular the fact that it is believed to be getting warmer as a result of human activity increasing the level of carbon dioxide in the atmosphere.

Collage (noun) (the art of making) a picture in which various materials or objects, for example paper, cloth, or photographs, are stuck onto a larger surface

Collagraph Print: A print plate that is made with layers of very thin material and papers that can have texture. Ink is rolled over it and it is then printed onto a surface.

Contemporary Art (Adjective) Art that is existing or happening now. **Composition** (Noun) the way that people or things are arranged in a painting or photograph.

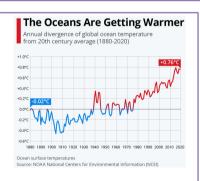
Greenhouse Effect (noun) an increase in the amount of carbon dioxide and other gases in the atmosphere, that is believed to be the cause of a gradual warming of the surface of the earth.

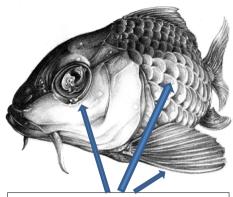
Line (noun) Type of mark that contains both a direction and a length. curved, bent, thick, wide, broken, vertical, horizontal, blurred or freehand. **Texture** (noun) the feel, appearance, or consistency of a surface or a substance. "Fur texture and tone".

### Section 4 Global Warming

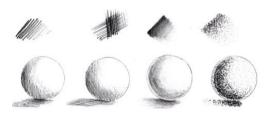
The ocean absorbs large quantities of heat as a result of increased concentrations of greenhouse gases in the atmosphere, mainly from fossil fuel consumption. This causes

Coral Bleaching. This means the fish and other organisms that live in and around the corals can no longer live there and die out.





Shading tonal textures. Fins, eyes, scales, bumpy, smooth, shiny.



# Grades of pencil Pencils come in different grades, the softer the pencil, the darker the tone. H=Hard B=Black In art the most useful pencils for shading are 2B and 4B. If your pencil has no grade, it is most likely HB(hard black) in the middle of the scale.



Glue Small objects and textured papers on card.

Paint on top with acrylic.





Draw with a black pen over watercolour when it is dry to make a mixed material artwork. Do not add any further water colour afterwards as it will bleed the pen and ruin your design.



This cycle we will be designing and making a phone stand with an environmental theme.

### **Section 1**

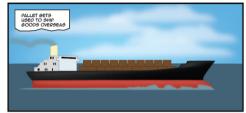


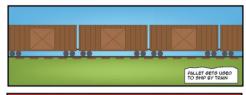


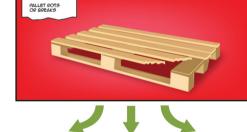




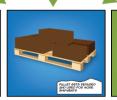














### Life Cycle of a Pallet

- Tree gets cut down.
- Wood gets made into a pallet.
- 3. Pallet gets loaded.
- Pallets get loaded into trucks. 4.
- Pallet gets used to ship goods overseas.
- Pallet gets used to ship by train.
- 7. Pallet rots or breaks.

Pallet gets repaired and used for more shipments.

> Pallet is broken beyond repair and is disposed of.

Pallet gets recycled as something new.



This cycle we will be designing and making a phone stand with an environmental theme.

### Section 2



### Section 3: Key Vocabulary:

Marking out (verb) is the process of transferring a design or pattern to a workpiece.

Metal Rule (noun) is a basic measuring tool used to create accurate measurements.

Try-square (noun) is a tool used to check and mark right angles in construction work.

Coping saw (noun) is a saw with a very narrow blade stretched across a D-shaped frame, used for cutting curves in wood.

Imperfection (noun) a fault, blemish, or undesirable feature.

File (noun) is a tool to remove fine amounts of material from a workpiece.

Sand paper (noun) with sand or another abrasive stuck to it, used for smoothing or polishing woodwork or other surfaces.

Design (noun) a plan or drawing produced to show the look and function or workings of a building, garment, or other object before it is made.

**Surface (noun)** the outside part or uppermost layer of something.

Decoration (noun) the process or art of decorating something.

Evaluation (noun) the making of a judgement about the amount, number, or value of something; assessment.

During year 8 you will use a wide range of foods that can be used to avoid food waste and use seasonal foods.

In the projects you will work out your ideas with some precision, taking into

account how food products will be made, stored and eaten and who will use them. You will apply your understanding of healthy food balance by using the eat well guide. designing and making and improving your practical skills. You will use a range of equipment safely with a moderate to high degree of accuracy. The main aim of these projects is, food waste, seasonal food and food

### Environmental impacts of food production and transportation Section 1

Growers of food have a responsibility to make sure that our food is safe but also that the environment is not damaged so plants and wildlife can continue to grow. The use of fertilizers and pesticides mean that farmers can grow lots of crops and sell them for more money than if the crops are let to grow naturally (organic farming).

Processing and transporting our food by planes, cars, trains and boats uses fuel which is expensive and pollutes the air (CO2) this is creating global warming and

leading to ice caps melting and lots of animals not surviving.

By buying locally sourced products reduces the amount of time and travel (fuel) that food spends from the grower to the buyer. The advantage of this is that the food is fresh and you are supporting the local growers.

Buying seasonal food for example strawberries in Summer also reduces food miles as less food has to be imported from abroad.

Each year millions of pounds of food is wasted in transportation, production and households throwing away surplus food. We are being encouraged to buy only what we need and recycle food and packaging where possible





### Key Vocabulary Section 2



Identity (noun) Who a person is, or the qualities of a person or group that make them different from others.

### Rural (adjective) -

means relating to farming or country life Industry (noun) any large-scale business activity or a type of productive manufacture or trade.

Agriculture (noun) -

is the science, art and business of farming

Vitamins (noun) Are found in food and only needed in small amounts.

Pathogenic bacteria (noun) Are bad bacteria that can cause food poisoning.

Function of ingredients (noun) The job that the ingredient does in cooking.

Millilitres (noun) A small amount of liquid: one

thousandth of a litre Grammes (noun) a unit of measurement which is one

thousandth of a kilogram. Protein (noun) Part of all living organisms skin, muscle and

Carbohydrate (noun) including sugars, starch,

and cellulose. They can be broken down to release energy in the animal body.

Fibre (noun) found in all fruit, vegetables and cereals, very important for

digestion of food.

Modifications (noun) changes to make something better.

Evaluation (noun) making a judgement about something.

| Seasonal foods | Section 3 |
|----------------|-----------|
|                |           |

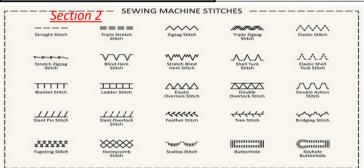
|                                 | Seasonal roous  | Section 5  |
|---------------------------------|---|--|
|                                 | Fruit   | Veg  |
| January<br>February             | Apples, Pears   | Beetroot, Brussels Sprouts, Cabbage, Carrots,<br>Celeriac, Celery, Chicory, Kale, Leeks,<br>Mushrooms, Onions, Parsnips, Spring Greens,<br>Spring Onions, Squash   |
| March<br>April                  | Rhubarb   | Artichoke, Beetroot, Cabbage, Carrots,<br>Chicory, Leeks, Parsnip, Purple Sprouting<br>Broccoli, Radishes, Sorrel, Spring Greens,<br>Spring Onions, Watercress   |
| May<br>June                     | Rhubarb, Strawberries<br>Blackcurrants,<br>Cherries, Gooseberries,<br>Raspberries, Redcurrant<br>s,<br>Rhubarb, Strawberries,<br>Tayberries                         | Asparagus, Aubergine, Beetroot, Broad Beans,<br>Broccoli, Cauliflower,<br>Chicory, Chillies, Courgettes, Cucumber,<br>Elderflowers, Lettuce, Marrow, New Potatoes,<br>Peas, Peppers, Radishes, Rocket, Runner<br>Beans, Samphire, Sorrel, Spring Greens, Spring<br>Onions, Summer Squash, Swiss Chard, Turnips,<br>Watercress  |
| July<br>August<br>September     | Blackberries,<br>Blackcurrants,<br>Blueberries, Cherries,<br>Gooseberries,<br>Greengages,<br>Loganberries,<br>Raspberries,<br>Redcurrants, Rhubarb,<br>Strawberries | Aubergine, Beetroot, Broad Beans, Broccoli, Carrots, Cauliflower, Chicory, Chillies, Courgettes, Cucumber, Fennel, French Beans, Garlic, Kohlrabi, New Potatoes, Onions, Peas, Potatoes, Radishes, Rocket, Runner Beans, Samphire, Sorrel, Spring Greens, Spring Onions, Summer Squash, Swish Chard, Tomatoes, Turnips, Watercress, Summer Squash, Sweetcorn, Swiss Chard, Tomatoes, Turnips, Watercress, Wild Mushrooms |
| October<br>November<br>December | Apples, Blackberries,<br>Elderberries,<br>Pears,Cranberries   | Aubergine, Beetroot, Broccoli, Brussels Sprouts, Butternut Squash, Carrots, Cauliflower, Celeriac, Celery, Chestnuts, Chicory, Chillies, Courgette, Cucumber, Kale, Leeks, Lettuce, Marrow, Onions, Parsnips, Peas, Potatoes, Pumpkin, Radishes, Rocket, Runner Beans, Spinach, Spring Greens, Spring Onions, Summer Squash, Swede, Sweetcorn, Swiss Chard, Tomatoes, Turnips, Watercress, Wild Mushrooms, Winter Squash |

### This cycle we are going to be creating a cushion made from recycled fabrics and turning them into a patchwork design.

### Health and Safety rules when using a sewing machine:

- **♦Long hair must be tied back.**
- Bags and equipment should be put away.
- **♦** Always sit down when using a sewing machine.
- **∆1** scholar per machine at all times.
- ♦ Keep your fingers away from the needle.
- **♦** Use the foot pedal slowly.
- Put the machines back exactly as you found them.





### Key Equipment and it's use:

### Section 3

**Sewing Machine:** This is used to stitch fabric together faster and neater.

Needle: This is used to stitch by hand using thread.

Cotton Thread: This is used with a needle to stitch.

Pins: These are used to hold fabric in place.

Stitch Ripper: This is used to remove incorrect stitches.

Velcro: This is used to hold 2 edges of fabric together.

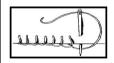
**Embroidery:** This is the process of decorating fabric using thread to create a pattern.



coloured patterns are produced in the fabric by gathering together many small portions of material and tying them tightly with string or elastic bands before dipping or covering the fabric in dye. The string or elastic bands resist the dye therefore



creating a pattern.



### Section 5 **Hand Stitches:**

**Running Stitch:** a simple needle stitch consisting of a line of small even stitches which run back and forth through the cloth without over lapping.

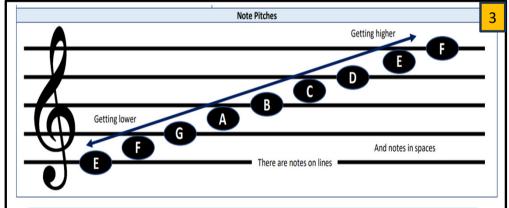
Blanket Stitch: a buttonhole stitch used on the edges of a blanket or other material.

**Canon**: A type of STRUCTURE in which 1 part or melody starts and then is joined by other parts one at a time.

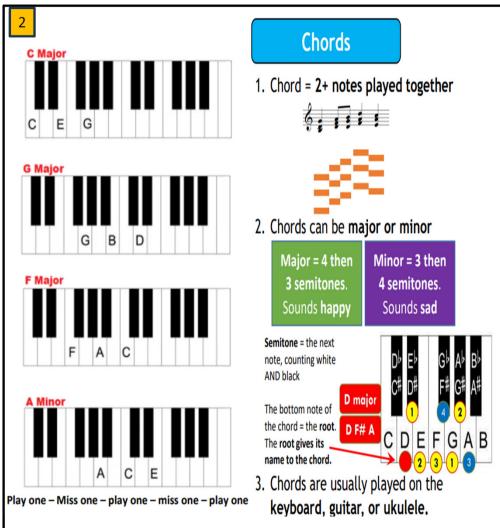
**Riff**: A repeated pattern that is used not constantly placed throughout a piece of music.

**Hook**: The catchy bit of a song that you will remember e.g. the chorus.

**Ostinato**: Constant repetition of a melodic idea/pattern.



Pitch: How high or low a note or sound is.



| DAA CYCLE 1 KNOWLEDGE ORGANISER SUBJECT ICT & COMPUTING | TOPIC(S) |  | YEAR GROUP | 8 |
|---|----------|--|------------|---|
|---|----------|--|------------|---|

### Information Technology, Online Safety and the Legal Framework Keywords:

| Purpose      | Society        | Worm            | Create        | House Style         |
|--------------|----------------|-----------------|---------------|---------------------|
| Text         | Images         | Design          | Spam          | Microsoft Publisher |
| E-Safety     | Cyber bullying | Online Grooming | Sexting       | Social Networking   |
| Mobile Phone | Virus          | Risks           | Phishing      | Impact              |
| Email        | Communication  | Report          | Advantages    | Wi-fi               |
| Spyware      | Block          | Fraud           | Disadvantages | Malware             |

# **Online Safety:**

| Section 1:          |  |  |  |  |
|---------------------|--|--|--|--|
| Cyber bullying      | When someone is bullied through use of technology e.g., mobile phone or online. Peer on peer abuse has increased over recent years.  |  |  |  |
| Social Media        | <ul> <li>Used to communicate</li> <li>Used to share e.g., information, videos and pictures.</li> <li>Used to buy and sell</li> <li>Advertise and promote a business</li> </ul>   |  |  |  |
| Negative effects of | Lack of face-to-face communication, obesity, low self-esteem,  |  |  |  |
| social media        | anxiety, depression and suicidal thoughts.   |  |  |  |
| Peer on peer abuse  | Peer on peer abuse occurs when a young person is exploited, bullied and/or harmed by their peers who are the same or similar age   |  |  |  |
| Online Grooming     | Grooming is when someone builds an online relationship with a young person and tricks them or pressures them into doing something sexual.  |  |  |  |
| YPSI                | Youth Produced Sexual Imagery. This is new terminology used for sexting. Any nude or semi-nude picture or live stream that is produced whose subject is a person younger than 18. It is illegal to possess, share or download or store any such image: Below 18: broken the law Over 18: criminal activity |  |  |  |

# **Keeping your computer safe:**

| Section 2: |  |
|------------|--|
| Virus      | A piece of code which is capable of copying itself and typically has a detrimental effect, such as corrupting the system or destroying data. Examples: Worm, Bot and Trojan.               |
| Phishing   | Is an attempt by someone to get you to send them personal information, such as usernames, passwords, email addresses and bank account details.   |
| Spam       | Electronic junk mail, unwanted emails with attachments that may contain a virus.   |
| Spyware    | Spyware is a type of malware that aims to gather information about a person or organisation, without their knowledge or consent.   |
| Malware    | Malware, or malicious software, is any program or file that is harmful to a computer user.   |
| Hackers    | Computer hackers are unauthorised users who break into computer systems to steal, change or destroy information, often by installing dangerous malware without your knowledge or consent.  |
| Protection | Use a complex password with letters, numbers, punctuation. Don't open email attachment from unknown senders, install anti-virus software, don't give anyone your personal information etc. |

### Information Technology, Online Safety and the Legal Framework Keywords:

| Health and Safety | Society             | Patent           | Regulations   | Trademark     |
|-------------------|---------------------|------------------|---------------|---------------|
| RSI               | Consequences        | Legislation      | Permission    | Fair use      |
| Solutions         | Computer misuse     | Creative Commons | Risks         | GDPR          |
| Report            | Unauthorized access | Computer fraud   | Advantages    | Data          |
| Ergonomic         | Hacking             | Malware          | Disadvantages | Protection    |
| Copyright         | Viruses             | Spyware          | Effects       | Public Domain |

## **Searching the Internet:**

| Section 3:     |   |
|----------------|---|
| Misinformation | False or inaccurate information. Examples of misinformation include false rumours, or insults and pranks.   |
| Disinformation | Is false or misleading information that is spread deliberately to deceive for example malicious content such as hoaxes, spear phishing.   |
| Propaganda     | Propaganda is communication that is primarily used to influence or persuade an audience to further an agenda.   |
| Hoax           | A hoax is a trick in which someone tells people a lie, for example that there is a bomb.  |
| Reliability    | Trusting the information, you read online e.g., check the author, domain name etc.  |
| Validity       | Is information you read online up to date?<br>Check when website was last updated.  |
| Clickbait      | Is a text or a thumbnail link that is designed to attract attention and to entice users to follow ("click") that link and read, view, or listen to the linked piece of online content, being typically deceptive, sensationalized, or otherwise misleading. |

# **Health and Safety Using Computers:**

| Section 4:                         |  |
|------------------------------------|--|
| Health risks using computers       | Health risks of using a computer:<br>Eye and neck strain, headaches and<br>migraines, RSI.   |
|                                    | Solutions: Take regular breaks and make sure all furniture used is ergonomically friendly e.g., wrist and footrest, screen filter, adjustable chair etc.   |
| RSI                                | Stands for repetitive strain injury. A health risk of using a computer for a long period of time. RSI is a general term used to describe the pain felt in muscles, nerves and tendons caused by repetitive movement and over |
| Safety risks<br>using<br>computers | Safety risks of using a computer:<br>Loose wires causing trips,<br>overloading plug sockets causing a<br>fire, blocking fire exits, food or drink<br>near the computer etc.  |



Forearms roughly horizontal

Chair with adjustable seat height as well as adjustable back height and tilt ICT & COMPUTING

TOPIC(S)

# INFORMATION TECHNOLOGY, ONLINE SAFETY AND THE LEGAL FRAMEWORK

YEAR GROUP 8

### Information Technology, Online Safety and the Legal Framework Keywords:

| Health and Safety | Society             | Patent           | Regulations   | Trademark     |
|-------------------|---------------------|------------------|---------------|---------------|
| RSI               | Consequences        | Legislation      | Permission    | Fair use      |
| Solutions         | Computer misuse     | Creative Commons | Risks         | GDPR          |
| Report            | Unauthorized access | Computer fraud   | Advantages    | Data          |
| Ergonomic         | Hacking             | Malware          | Disadvantages | Protection    |
| Copyright         | Viruses             | Spyware          | Effects       | Public Domain |

| Copyright  | viruses  | Spyware                            | Effects  | iic Domain                             |  |  |
|--|--|------------------------------------|--|--|--|--|
|  | Section 6  |                                    |  |  |  |  |
| Legislation                                      | Intellectual Property: Refers to creations of the mind. A way of protecting your creation so you benefit from your own work. A form of protection.   | Copyright, Designs and Patent      | Copyright Patent   | <u> </u>                               |  |  |
| Copyright  Patent                                | Introduced to protect people who have created original pieces of work.  A government authority or licence conferring a right or title for a set period, especially the sole right to exclude others from making, using, or selling an invention.   | Act 1988                           | Copyright is a form of intellectual propert work. Copyright is a legal means of protecting the state of the s |  |  |  |
| Health and<br>Safety Risks<br>Using<br>Computers | Health Risks:  Eye strain, neck strain  Bad back, posture  Headaches, migraines  RSI repetitive strain injury  Safety Risks  Slips, trips, falls  Loose wires and overloaded sockets   | Health and Safety at Work Act 1974 | The Health and Safety at Work Act 1974 is health and safety in the workplace. It outlemployer and employee in ensuring there Impact  Accidents at work  Consequences  Fines, imprisonment and disqualification.  | lines the responsibilities of both the |  |  |
| Computer<br>Misuse Act 1990                      |  |                                    |  |  |  |  |
| GDPR 2018  | Stands for General Data Protection Regulations.  Data should only be held and used for the purpose It should not be shared without permission It should not be kept for longer than needed Larger fines for companies, BUT individuals are res Consequences  A maximum fine of £17.5 million or 4 per cent of an | ponsible too.                      |  |  |  |  |

# Stay safe, tell someone...

All the staff are here to help and support you



### Safeguarding Team:

Mr Bibby (Designated Safeguarding Lead)

Mr Douro (Vice Principal)

# Safety and well-being...

If you are worried about your welfare or safety, or that of a friends you could access the NSPCC services. www.childline.org.uk

Free anonymous NHS online counselling for young people can be accessed via a platform called Kooth. www.Kooth.com

For support with mental health and staying happy and healthy visit the Mental Health Foundation, www.mentalhealth.org.uk

For non-emergency advice you can email <u>scholarsupport@dixonsaa.com</u>. Give your full name and Year group.

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# Physical activity...

It is recommended that young people should be physically active for at least 1 hour a day. This can be anything from organised sport to going on a bike ride with your friends. For more ideas visit; www.nhs.uk/change4life/activities



### Online safety...

Thinkuknow is the education programme from NCA-CEOP, a UK organisation which protects children both online and offline.

Explore one of the six ThinkuKnow websites for advice about staying safe when you are using a phone, tablet or computer.

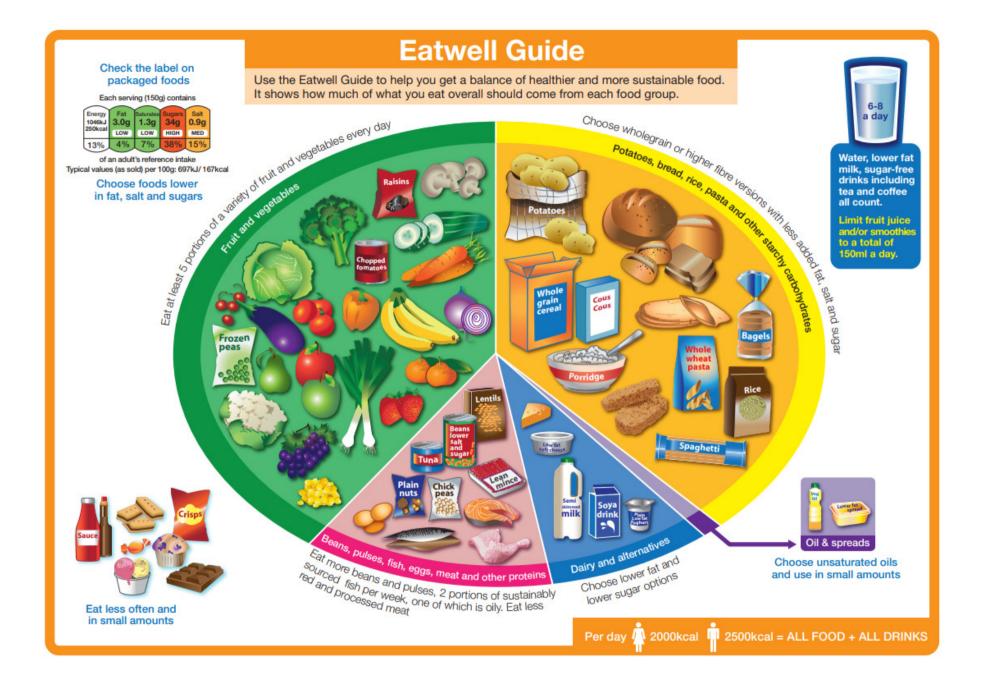


www.thinkuknow.co.uk

**Happiness** 

Industry

Responsibility



Nutrition FOUNDATION BRITISH

for adults and teenagers

We should drink about 6-8 glasses of fluid each day. This can be from a variety of drinks

# Water

Water is a good choice throughout the day because it hydrates you without providing extra calories or harming teeth.

Drink

# Tea, coffee and other hot drinks

Provide some nutrients (if milk or fortified plant-based alternativ are added) and some contain caffeine\*. To limit calories, drink without sugar or sugary syrups and with lower fat milks.

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Drink to suit (can contain caffeine; limit if pregnant\*)

Is a useful source of nutrients including calcium, iodine, B vitamins and protein. Adults and older children should choose lower-fat varieti

Have regularly, but choose lower fat

# Sugar-free drinks

Provide fluid without extra calories. Drinks like squashes and fizzy drinks are acidic, which can harm teeth.

# Fruit and vegetable juices and smoothies

Drink in moderation

Provide some vitamins and minerals. One small glass (150ml) counts as a maximum of one portion of your 5 A DAY. However, they also contain sugars and can be acidic, which can harm teeth so it's best to drink them with a meal.

# Sugary drinks

Can have once a day

Provide fluid but contain calories from sugars, usually without other nutrients, and can be acidic. Sugars and acidity can both be harmful to teeth. Some of these drinks also contain caffeine

# Sports drinks

Are generally only needed if training at high inte for over an hour. Can be high in sugars.

Only if needed

# **Energy drinks**

Can be high in sugars and may contain high levels of caffeine\* and other stimulants. These drinks are not good choices for those under 18 years.

Limit

Limit

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November 2018. Next review due November 2021. For more information on the sources used in this text please contact postbox@nutrition.org.uk. @British Nutrition Foundation www.nutrition.org.uk



